

2009 CALIFORNIA WOMEN'S GYMNASTICS

2009 GOLDEN BEAR QUICK FACTS

Location: Berkeley, Calif.
Enrollment: 34,953
Founded: 1868
Nickname: Golden Bears
Colors: Blue (282) and Gold (116)
Conference: Pac-10
Arena: Haas Pavilion
Chancellor: Robert J. Birgeneau
Athletic Director: Sandy Barbour
Deputy Director of Athletics:
 Teresa Kuehn Gould
Head Coach: Cari DuBois
Alma Mater/Year: Ball State/1992
Record at Cal: 54-74 (6 seasons)
Assistant Coaches: Scott Ryan, Sheilah T. Buack



Office Phone: 510-643-0282
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2008 Overall Record: 8-16
2008 Regular Season Record: 6-12
2008 Conference Record: 0-6
2008 Pac-10 Championships Finish: 5th
2008 National Ranking: 44
Letterwinners Returning: 6
Newcomers: 4

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CALIFORNIA GOLDEN BEARS USAGE GUIDELINES

When referring to University of California intercollegiate athletic teams, please use California or Golden Bears on first reference. Cal or Bears may be used on second reference. Terms such as UC Berkeley, Cal-Berkeley, Berkeley and California-Berkeley (or other similar variations) are incorrect and should not be used in connection with Cal Athletics.

2009 CALIFORNIA WOMEN'S GYMNASTICS

Name	Event(s)	Yr.	Ht.	Hometown (High School/Club)
Joanna Bennett	AA	Sr.	5-8	Healdsburg, Calif. (Healdsburg HS/Rohnert Park Gymnastics)
Stefanie Cheng	AA	So.	5-2	San Jose, Calif. (St. Francis HS/Airborne Gymnastics)
Avery Gee	AA	So.	5-1	Los Altos, Calif. (Los Altos HS/Airborne Gymnastics)
Bridgette Glass	AA	Sr.	5-0	Oakley, Calif. (Freedom HS/Golden Gate Gymnastics)
Sophia Hocini	AA	Jr.	5-2	Murrieta, Calif. (Murrieta Valley HS/SCEGA)
Shana Johnson	AA	Fr.	5-2	Castro Valley, Calif. (Bishop O'Dowd HS/Novato Gymnastics)
Jessica Kelley	AA	Sr.	5-4	Los Altos, Calif. (Homestead HS/Airborne Gymnastics)
Alexandra Leggitt	AA	Fr.	5-2	Huntington Beach, Calif. (Edison HS/New Hope Gymnastics)
Leah Redon	AA	Fr.	5-3	Escondido, Calif. (San Pasqual HS/SCEGA)
Reiko Senteno	BB, UB, V	Fr.*	5-2	Garden Grove, Calif. (Garden Grove HS/New Hope Gymnastics)
Erica Varon	AA	Fr.	5-5	Torrance, Calif. (Redondo Union HS/JAG)

* utilized redshirt year

Head Coach: Cari DuBois (Ball State '92, 7th season)

Assistant Coaches: Scott Ryan (West Virginia '83, 4th season); Sheilah T. Buack (California '04, 2nd season)

PRONUNCIATION GUIDE

Sophia Hocini.....ho-SEE-knee
 Shana Johnson.....SHAY-nuh
 Reiko Sentenoray-KO
 Cari DuBois..... CARE-ee doo-BWAH

2009 SEASON OUTLOOK

For the 2009 California women's gymnastics team, every flip, every routine, every jump, every meet and every Golden Bear counts.

With only four upperclassmen on this year's squad, head coach Cari DuBois is looking to each gymnast on the team to be at her best this season. Coming off a campaign in which it earned representation at the NCAA West Regional for the third consecutive year, Cal has its sights set on returning to regionals as a team and improving its finish at the Pac-10 Championships.

In order to accomplish these goals, DuBois will call upon her three

seniors - Joanna Bennett, Bridgette Glass and Jessica Kelley - to provide the veteran leadership necessary to lead the young squad. In addition to the guidance of the seniors, DuBois notes that each gymnast will need to work hard at her role on the team in order to be successful this year.

"We definitely want to qualify for regionals as a team and continue to improve our fitness level and remain healthy," said DuBois, who begins her seventh season leading the Cal program. "Looking back at last year, no matter what type of adversity we faced, we remained determined and continued to work hard. I believe that we are a very talented young group, and I feel the passion and desire. Leadership will have a significant impact on what we are able to accomplish this year. Overall, I feel like the team is in better shape than it was last year."

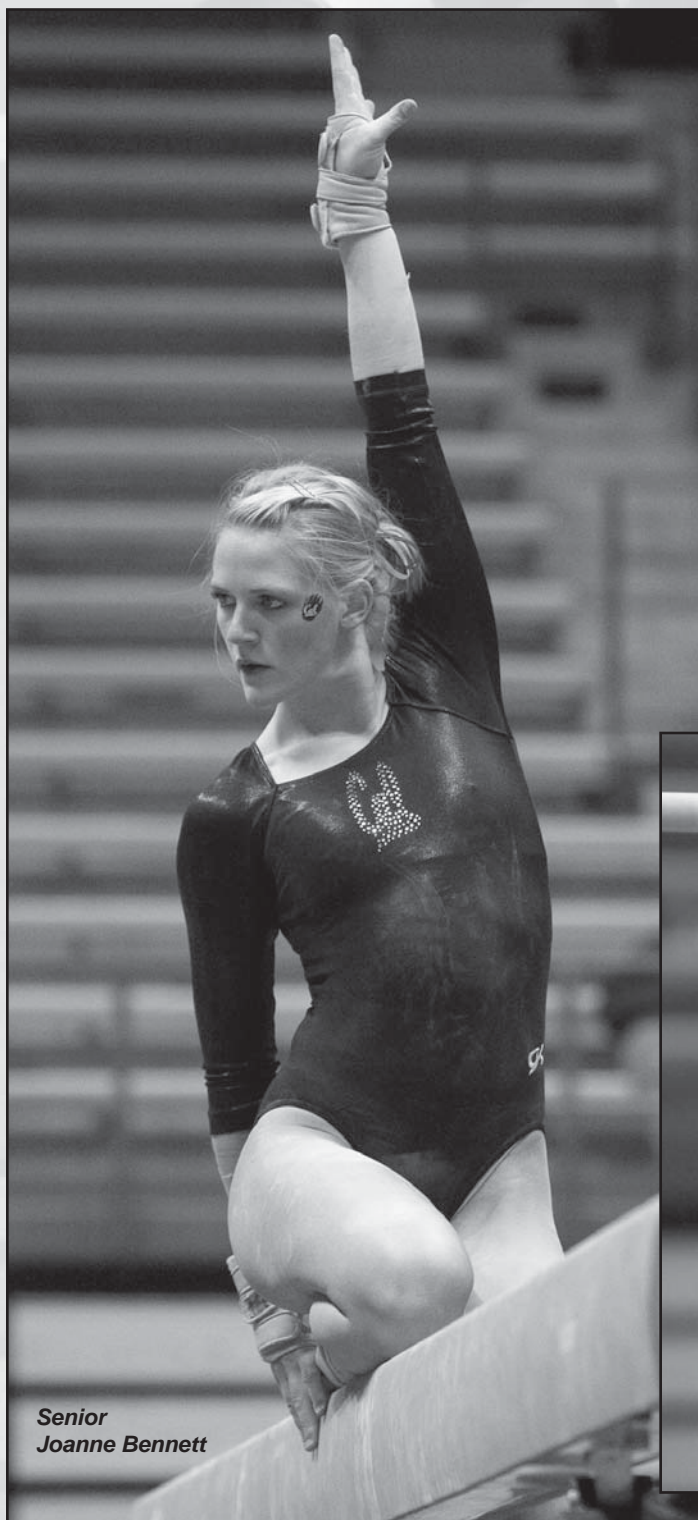
SENIORS

Bennett, Glass and Kelley will be the veteran leaders on this year's team as they look forward to strong senior seasons.

Glass and Kelley were two of Cal's four representatives at the NCAA West Regional last year. At the regional, Kelley came in 13th in the all-around, while Glass tallied Cal's highest score of the night (9.825) and placed 11th on beam. Earlier in the season, Glass recorded a new career best on beam at 9.900.

Bennett started last year with a bang, reaching a new personal best on vault (9.825), bars (9.900) and beam (9.825). All of those career-high marks came in the first two meets of the campaign before Bennett suffered a season-ending injury. She is working hard in 2009 and is looking to pick up where she left off and to have an explosive final year at Cal.

"My seniors want to go out with their best year and each one is very capable of having an amazing year," DuBois said. "Joanna has been working hard for 2009 and wants to pick up where she left off with an explosive final season. Bridgette worked in the gym almost



Senior
Joanne Bennett



Junior Sophia Hocini



Senior Bridgette Glass

every day this summer. Her work ethic and her commitment that she made to the team are on display on a daily basis. Jessica is such a great competitor, as long as she is healthy; she will be a major contributor."

JUNIORS

From last year, Sophia Hocini is the only junior on the roster for 2009, and was one of the most consistent Bears a year ago. She competed on every event in every meet except one and represented Cal at the NCAA West Regional. At the regional, Hocini finished in ninth in the all-around, posting a score of 38.700. That score was also a career best and tied for the second best all-around score of the season for Cal.

DuBois said that Hocini is working on increasing the difficulty of her routines, and will be one of the competitors she counts on tremendously this year.

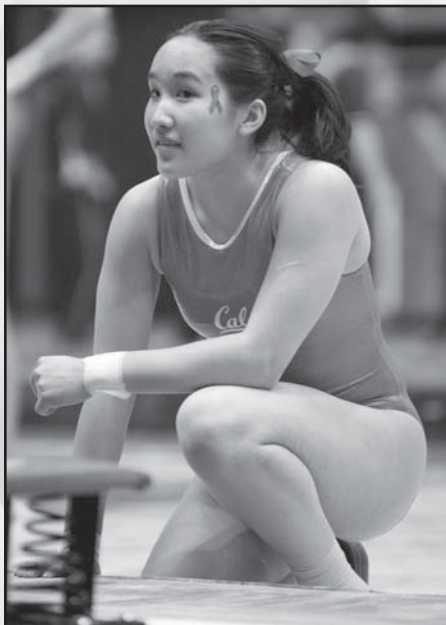
duBois said that Hocini is working on increasing the difficulty of her routines, and will be one of the competitors she counts on tremendously this year.

SOPHOMORES

The Bears have a pair of sophomores – Avery Gee and Stefanie Cheng – both of whom had strong freshman campaigns, which could lead to even better sophomore seasons.

"Avery and Stefanie were both in the gym every day during summer school, and they look better now than they did at the end of last year," DuBois said. "They now know what to expect; they have a hunger for winning."

Gee twice posted her season-best mark on floor of 9.825, and was consistent on that event and vault a year ago. Cheng was an important contributor



Sophomore Stephanie Cheng

for Cal on floor and earned marks of 9.775 on that event and beam in 2008. She will continue to be a solid competitor for the bears bringing her consistency and calm demeanor to the lineup.

FRESHMEN

DuBois has brought in a recruiting class of four gymnasts this year – Shana Johnson, Erica Varon, Alexandra Leggitt and Leah Redon. Also in the mix is redshirt freshman Reiko Senteno.

"Our recruiting class is eager," DuBois said. "I'm excited about the incoming freshmen. They love the sport of gymnastics. They are hungry to get stronger, to learn new skills and make their presence felt at Cal."

Johnson, who was named the 2008 Level 10 Most Inspirational Gymnast, is a very dynamic athlete with a lot of power. DuBois feels that Varon is going to blossom this year at Cal and will be a consistent competitor. Varon, who is expected to do well in the all-around, is a two-time Junior Olympic national qualifier. Leggitt was a Level 9 regional beam champion in 2007 and came in fifth on vault at the Level 10 regionals a year ago. DuBois sees Leggitt adding depth to the lineup on vault, beam and floor. Redon is someone that could potentially help the Bears on all four events, after continually improving since her arrival. Redon was named the 2008 Level 10 Most Valuable Gymnast. Due to unfortunate circumstances, Senteno will not be able to compete this season.

SCHEDULE

Once again the Pac-10 will be one of the most competitive conferences in the nation this season. It is essential for the team to be ready and motivated for every competition if they want to meet their goal of a top-four finish at the conference championships. The Bears came in fifth at last year's conference meet, finishing higher than No. 19 Arizona State. DuBois wants to capitalize on that success and place higher this year.

"We went in and did what we do well, and it helped catapult us to our second-highest finish ever at the Pac-10 Championships," said DuBois. "It was an incredible feeling and the team wants that back. They want to continue to improve in the conference, in the regional and the national rankings as well."

In Pac-10 dual meets, Cal will entertain Arizona, Washington and Stanford. The Bears host two tri-meets this year. They open the season with Sacramento State and UC Davis, and later host Washington and Illinois State. The team will make non-conference stops at Michigan and at Sacramento State.



Sophomore Avery Gee

CALIFORNIA HEAD COACH

CARI DuBOIS

*Head Coach
Seventh Year at Cal*

Since arriving in Berkeley in 2003, Cari DuBois has led the California women's gymnastics program to immediate success and helped give Cal some recent national notoriety. In her six-



year tenure, DuBois guided the Golden Bears to their first back-to-back dual-meet winning seasons since 1991-92 and led the 2003 Cal team to a fourth-place NCAA regional finish. During that same season, she helped My-Lan Dodd become Cal's first NCAA Championship meet representative in nearly a decade. She was also named Pac-10 Co-Coach of the Year and West Regional Coach of the Year in 2003. A year later, Cal finished fifth at NCAA regionals, the program's best back-to-back postseason showings since 1991-92. DuBois and the Bears returned to the NCAA West Regional in 2007 for the first time since 2004, finishing in fourth and ending the campaign with a No. 26 national ranking. Last year, DuBois guided four Bears into the NCAA West Regional, the third consecutive season that Cal has had representation at regionals.

DuBois' presence in the Cal program was felt right away. She inherited a team that finished a disappointing 5-9 the year before her arrival, and with virtually no time to recruit for the upcoming season, guided the Bears to a 12-5 dual meet record. In 2003, Cal made its first appearance in the NCAA regionals in two years, finishing fourth - the best placement since taking third in 1992. In 2004, Cal finished 9-6, fifth at the NCAA regionals and set school records in the uneven bars (49.550), balance beam (49.300) and floor exercise (49.425). In 2007, Cal scored its second-highest team score in school history at 196.500. The Bears have finished nationally ranked three times under DuBois.

Prior to coming to Cal, DuBois spent six years as an assistant coach at West Virginia (1996-02) and three years with the Golden Bears (1993-96). At West Virginia, she helped the Mountaineers attain their highest national ranking ever (fourth, 2000) and helped West Virginia to a pair of 12th-place national finishes in 1999 and 2000. While she was in Morgantown, three WVU gymnasts were



Head coach Cari DuBois congratulates Joanna Bennett after a routine.

named conference gymnasts of the year, three others garnered conference outstanding senior gymnast of the year

honors and Danielle Lilly became the first Mountaineer freshman to win a NCAA regional title (balance beam, 1997). During DuBois' tenure, West Virginia averaged more than 20 wins per season and captured four Big East championships.

In DuBois' previous stint in Berkeley, under then-head coach Alfie Mitchell, the Bears accumulated a 37-20 (.649) meet record, and she coached the last Cal NCAA qualifier prior to Dodd, Candice Kwok, in 1994.

Prior to collegiate coaching, DuBois instructed and choreographed routines at several gymnastics camps and clubs nationwide, including the National Gymnastics Village in Colorado Springs, Colo. DuBois also spent time as a college camp instructor at Alabama, Georgia and West Virginia, coaching gymnasts of all skill levels. She is a certified national judge, with experience judging levels 5-10 in California, Colorado, Indiana, Nevada, Pennsylvania and West Virginia.

As a competitor, DuBois was a four-year letterwinner and three-time Mid-American Conference selection at Ball State from 1989-92. She earned team MVP honors in 1990 and 1992, and was nominated for MAC Gymnast of the Year and Top Female Athlete at Ball State. DuBois won the 1989 MAC Championship meet vault crown and the 1992 MAC floor exercise title. While competing for the Cardinals, DuBois set school records in the all-around (37.75) and vault (9.80).

A native of St. Joseph, Mo., DuBois received her bachelor's degree in exercise science and wellness from Ball State in 1992 and holds a master's degree in athletic coaching education from West Virginia.



DuBOIS AT CAL

Year	Record	Pct.	Regionals	Rank
2003	12-5	.706	4th	18
2004	9-6	.600	5th	25
2005	6-12	.333	-	-
2006	8-17	.320	-	-
2007	11-18	.379	4th	26
2008	8-16	.422	-	-

Totals 54-74

ASSISTANT COACHES/SUPPORT STAFF

SCOTT RYAN

*Assistant Coach
Fourth Year*

Scott Ryan was named an assistant coach for Cal in the summer of 2005, and since arriving on the scene in Berkeley, Ryan has been helping the Bears in a big way. His coaching was instrumental in Cal's fourth-place finish at the 2007 NCAA West Regional. He has also helped send five Bears to regionals individually.



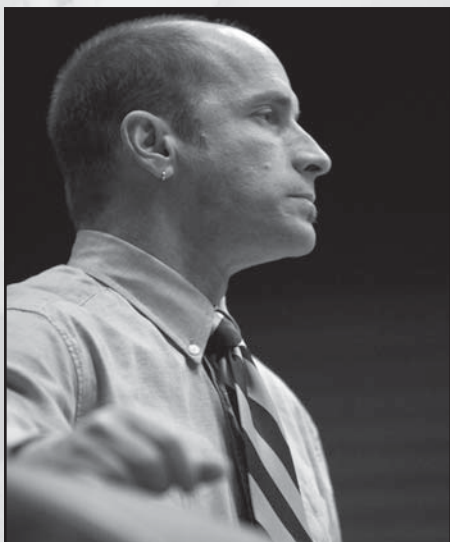
Ryan served as the director and head coach at Aztec Gymnastics in San Diego prior to his arrival at Cal.

While at Aztec Gymnastics, Ryan led his teams to 33 state and regional championships and national champions in both the United States and Mexico. Also 18 of his gymnasts earned college gymnastics scholarships.

In addition to Ryan's gymnastics teaching, he served as a lecturer at San Diego State, where he taught undergraduate classes in the Department of Exercise and Nutritional Sciences.

Prior to his experience in San Diego, he served as the head coach and program director at Buckeye Gymnastics in Columbus, Ohio. He additionally occupied the position of event or meet director at the 1999-00 San Diego Winter Classic, 1988-96 Buckeye Classic, 1995 NCAA Men's Gymnastics Championships and 1985 Atlantic 10 Gymnastics Championships.

Ryan is a graduate of West Virginia, with an undergraduate degree in journalism and a master's of science in sports promotions.



SHEILAH T. BUACK

*Choreographer
Second Year*

A second-year assistant coach who served as a volunteer member of the Bears' staff last year is former Cal gymnast Sheilah Buack (2001-04).



Buack, who choreographs the floor exercise routines for the Bears, has been working with Culture Shock Oakland and Future Shock Bay Area dance groups. Since January of 2006, she has served as the assistant executive director for both organizations. Buack has been the core dancer/choreographer at numerous Gay Pride Parades, Aids Walks, Las Vegas Showcases and Choreographer's Showcases.

Buack graduated from Cal in 2005 with a bachelor's in political science with an emphasis in economics and public policy. Buack has also worked as a paralegal. Currently, she works with Jones Day, the second largest law firm in the world.

RYAN COBB

*Head Athletic Trainer
Tenth Year*

Ryan Cobb is in his 10th year with Cal Sports Medicine and is responsible for coordinating care in both Memorial Stadium and Haas Pavilion athletic training rooms. He oversees athletic training activities for all 27 Golden Bear sports, working very closely with the Cal women's gymnastics program. He is also heavily involved in the design and implementation of Cal's revolutionary high-performance initiative, which has a primary goal of helping Golden Bear student-athletes perform at the highest-level possible.



NAOKI NEGISHI

*Trainer
First Year*

Naoki Negishi begins his first year working with the Cal women's gymnastics team. Negishi has been an intern at Cal since August.



KEN MILLER

*Strength and Conditioning Coach
Third Year*

Ken Miller joined the Cal strength and conditioning staff in the summer of 2006.

In 2005, Miller earned a master's in exercise science and health promotion with an emphasis in performance enhancement and injury prevention from the California University of Pennsylvania. He holds certification with the National Academy of Sports Medicine as a personal trainer, and holds specialization certificates in corrective exercise and performance enhancement. Miller graduated from Cal Poly Pomona in 1993 with a bachelor's in physical education with emphasis in exercise science.



DARCY

HEATH-WALLACE

*Sports Psychologist
Second Year*

Heath-Wallace has been working with the Cal women's gymnastics team as a sports psychologist since 1992. This is her second official year as an assistant. Heath-Wallace is a member of



the USA Gymnastics Health Care Referral Network and worked to develop its Athlete Wellness Program. She works extensively with college and club level gymnastics, as well as athletes and teams involved in various sports. Heath-Wallace was an Elite and NCAA All-American gymnast and world ranked in acrobatics-pairs gymnastics. She holds a master's in clinical psychology, specializing in sport psychology. Her education, training and experience in clinical and sport psychology help support her involvement with Cal women's gymnastics and select bay area gymnastics training centers.

2009 GYMNAST PROFILES

JOANNA BENNETT

All-Around • Senior • 5-8
Healdsburg, Calif. (Healdsburg HS)

2008: Missed the majority of the season due to injury...reached a new personal best on vault in the opening tri-meet, recording a 9.825 to tie for first in the event...also in the UC Davis/Towson tri-meet, collected an all-around score of 37.725, including a 9.750 on bars, taking third...in the Pac-10 opener against Arizona State, set new personal bests on bars (9.900) and beam (9.825), and set a career-best all-around mark of 37.750...versus Washington, scored a 9.775 on bars.



2007: Scored her season-high 9.850 on bars at the UC Davis quad meet...notched a 9.750 on bars at the tri-meet against Denver and BYU...collected a 9.725 on bars in the tri-meet against Penn and Air Force...recorded a 9.700 on bars and a then-career-high mark of 9.725 on her first collegiate attempt on the beam against Arizona... at Oregon State, scored a 9.750 on bars and a career-high score of 9.700 on floor. **2006:** Posted a 9.825 on bars at the George Washington/North Carolina State meet...notched a 9.800 on bars at the West Virginia/Pittsburgh meet...set

a then-career-best score on bars in the quad meet against UCLA, Sacramento State and UC Davis (9.875), which was the highest score by a freshman on bars since 2002 (My-Lan Dodd, 9.900)...**HIGH SCHOOL/CLUB:** In 2005, placed 10th in the all-around and seventh on the bars at the Junior Olympic Nationals...took 12th on the vault and 38th in the all-around at the Junior Olympic Nationals in 2004...2004 floor state champion...tallied top-five finishes in the all-around at the regional championships in 2004 and 2005...a member of the honor roll... competed for Rohnert Park Gymnastics and Cal West Gymnastics. **PERSONAL:** Born May 2, 1987, in Santa Rosa, Calif....political science major... daughter of Kelly and Donna Bennett...has a brother and a sister...lists hobbies as water skiing, wakeboarding, snow skiing and swimming.

HIGH SCHOOL/CLUB: In 2005, placed 10th in the all-around and seventh on the bars at the Junior Olympic Nationals...took 12th on the vault and 38th in the all-around at the Junior Olympic Nationals in 2004...2004 floor state champion...tallied top-five finishes in the all-around at the regional championships in 2004 and 2005...a member of the honor roll... competed for Rohnert Park Gymnastics and Cal West Gymnastics. **PERSONAL:** Born May 2, 1987, in Santa Rosa, Calif....political science major... daughter of Kelly and Donna Bennett...has a brother and a sister...lists hobbies as water skiing, wakeboarding, snow skiing and swimming.

COLLEGIATE CAREER HIGHS

Vault: 9.825 (at UC Davis, Towson tri-meet, 1/11/08)
Bars: 9.900 (Arizona State, 1/20/08)
Beam: 9.825 (Arizona State, 1/20/08)
Floor: 9.700 (Oregon State, 1/19/07)
All-Around: 37.750 (Arizona State, 1/20/08)

STEFANIE CHENG

All-Around • Sophomore • 5-2
San Jose, Calif. (St. Francis HS)

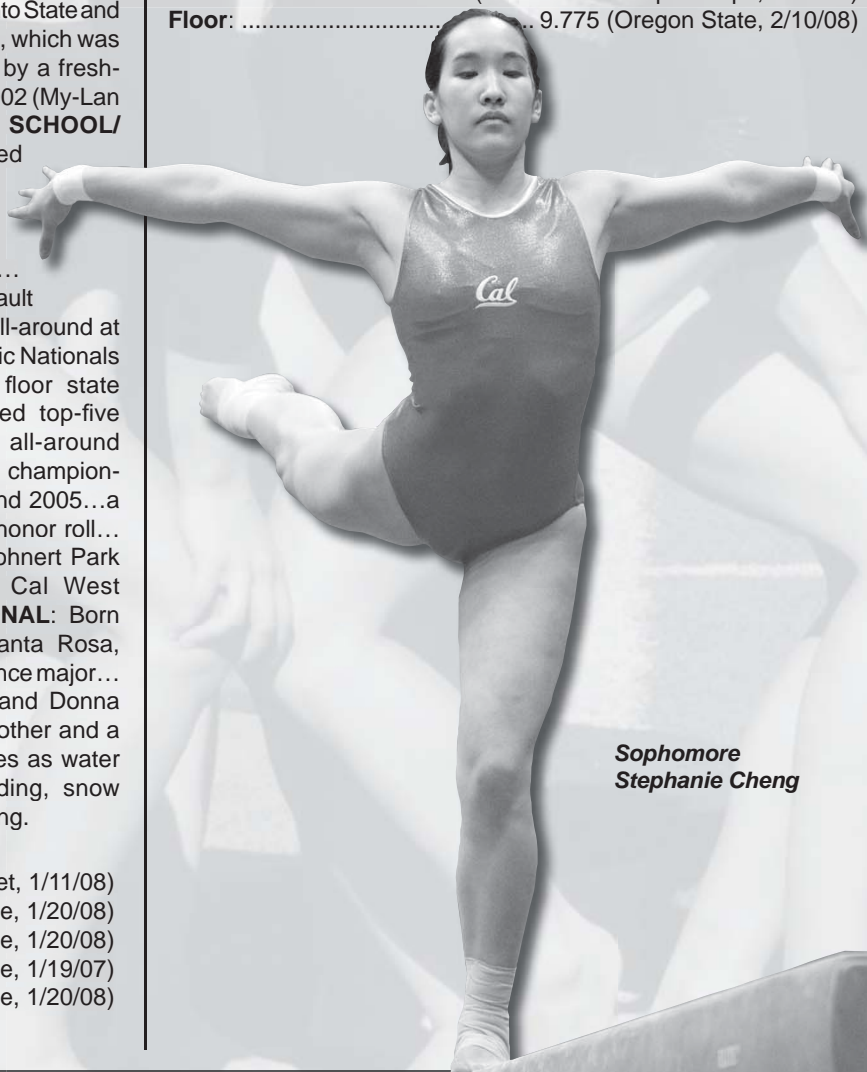
2008: 2008 academic All-American...against Oregon State, scored a 9.775 on floor...posted a season best of 9.775 on beam at the Pac-10 Championships...also at the conference meet, earned a 9.750 on floor...tallied a mark of 9.725 on beam in the Sacramento State quad meet.



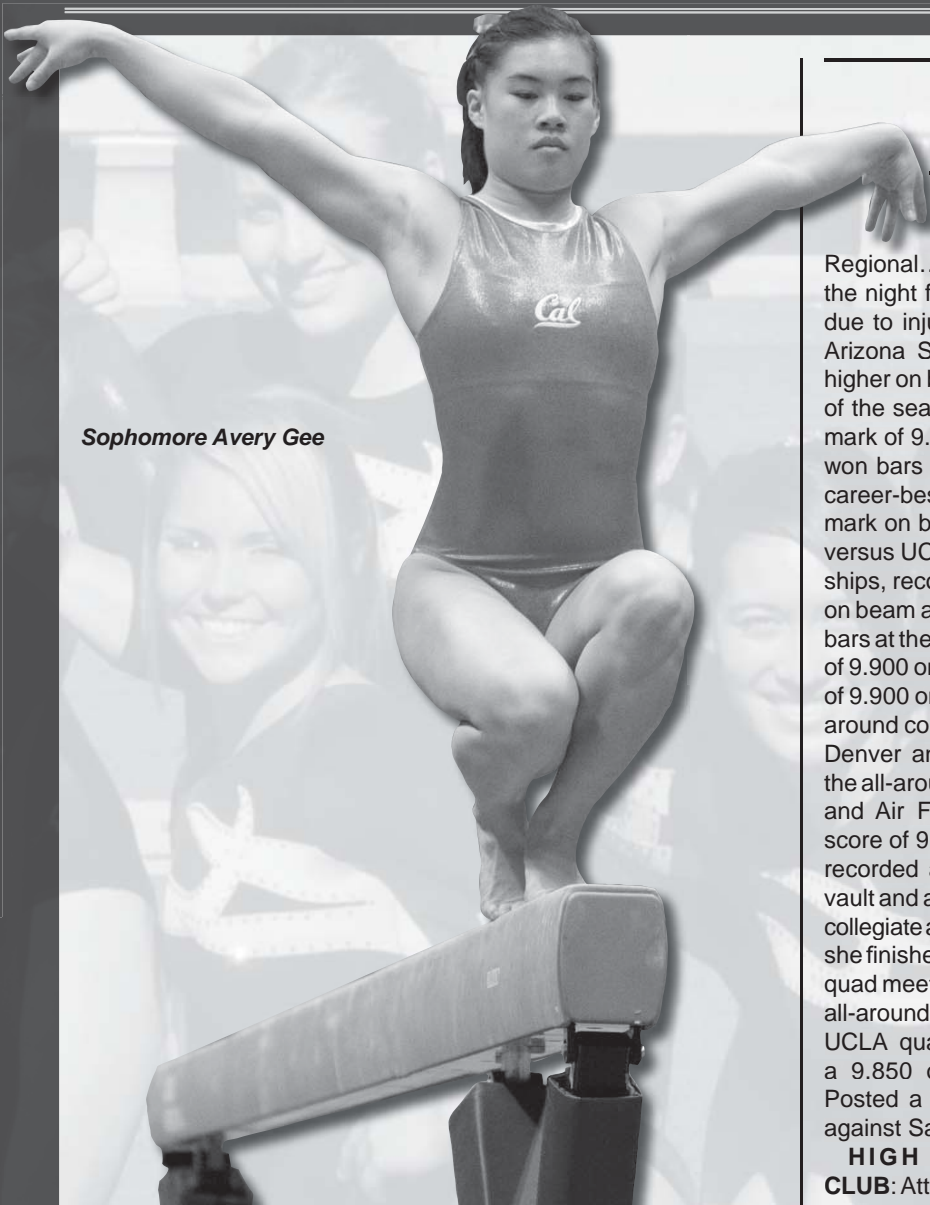
HIGH SCHOOL/CLUB: Competed on Airborne club team with teammate Avery Gee...her Level 10 team took first at the 2007 Junior Olympic Nationals and finished second in the state championships in 2007 and 2006...placed eighth on beam at the 2007 Junior Olympic Nationals...took 10th in the all-around at the 2006 Junior Olympic Nationals and finished fourth on bars...was second in the all-around at the regional championships...first in the all-around, including first-place finishes on beam, floor and bars at the state championships... graduated with high honors. **PERSONAL:** Born June 18, 1989, in Los Gatos, Calif....undeclared major...daughter of Philip and Angelina Cheng...has two sisters...cousin, Justine Lam, graduated from Cal in 2001...also participates in figure skating...enjoys drawing.

COLLEGIATE CAREER HIGHS

Vault: 9.625 (at Stanford, 2/24/08)
Beam: 9.775 (at Pac-10 Championships, 3/29/08)
Floor: 9.775 (Oregon State, 2/10/08)



Sophomore
Stephanie Cheng



Sophomore Avery Gee

AVERY GEE

All-Around • Sophomore • 5-1
Los Altos, Calif. (Los Altos HS)

2008: Took second on beam with a score of 9.775 in the tri-meet against UC Davis and Towson...at Arizona and at Stanford, posted a 9.825 on floor...tallied marks of 9.750 on floor against Oregon State, the Senior Day quad meet and at Boise State...tallied a 9.700 on floor at the Cat Classic. **HIGH SCHOOL/CLUB:** Competed on Airborne club team with fellow freshman Stefanie Cheng, coached by Mel Ruggiero and Justin Howell...team won the 2006 junior national championship and was second in the state championships in 2006 and 2005...named Most Valuable Gymnast in 2006...at the 2007 Western Nationals, was first in the all-around, vault and beam...won the 4.0 award in high school. **PERSONAL:** Born March 13, 1989, in Palo Alto, Calif....undeclared major...daughter of Albert and Nora Gee, both of whom are Cal graduates...has a brother...lists playing with a Rubik's Cube as a hobby.



COLLEGIATE CAREER HIGHS

Vault: 9.675 (at Boise State, 3/21/08)
Beam: 9.775 (at UC Davis, Towson tri-meet, 1/11/08)
Floor: 9.825 (at Arizona, 2/1/08)

BRIDGETTE GLASS

All-Around • Senior • 5-0
Oakley, Calif. (Freedom HS)

2008: Tallied at 9.825 to place 11th on beam at the NCAA West Regional...the 9.825 was the highest score of the night for Cal...after missing the first meet due to injury, tallied a 9.800 on bars against Arizona State...went on to earn a 9.800 or higher on bars four more times over the course of the season, capped off with a season-best mark of 9.875 at the Senior Day quad meet...won bars and beam at the Senior Day quad meet, matching her career-best 9.900 on beam...recorded her second straight 9.900 mark on beam against Boise State and scored a 9.825 on bars...versus UCLA, posted a 9.850 on beam...at the Pac-10 Championships, recorded a 9.775 on beam and bars. **2007:** Notched a 9.750 on beam at the NCAA West Regional...scored a 9.750 on vault and bars at the Pac-10 Championships...matched her career-high mark of 9.900 on beam at the UC Davis quad meet, and set a career high of 9.900 on bars...scored a 38.00 in the all-around competition at the tri-meet against Denver and BYU...notched a 38.700 in the all-around in the tri-meet against Penn and Air Force, including a career-high score of 9.825 on floor...against Arizona, recorded a career-high mark of 9.875 on vault and a 9.900 on beam...in her first collegiate all-around competition, she finished fourth at the UCLA quad meet, earning a 38.950 all-around score...also at the UCLA quad meet, posted a 9.850 on bars. **2006:** Posted a 9.800 on bars against San Jose State.



HIGH SCHOOL/CLUB: Attended Golden Gate Gymnastics for 11 years, coached by Mike Lynch, Tracee Talavera and Rip Talavera...recorded a second-place finish in the all-around at the American Challenge in 2004....2001 U.S. championship qualifier...a 2001 and 2002 U.S. Classic qualifier (international elite)...placed fourth in the vault in the U.S. Classic in 2001...in the 1999 Junior Olympic National level 10, placed first on the vault and in the all-around...honor student at Freedom High School.

PERSONAL: Born May 31, 1987, in Alameda, Calif....history major...daughter of George and Connie Glass...has two sisters.



COLLEGIATE CAREER HIGHS

Vault:9.875 (Arizona, 3/2/07)
Bars:9.900 (UC Davis, Sacramento State, San Jose State quad meet 3/23/07)
Beam:9.900 (CSUF, UC Davs, SJSU quad meet, 3/16/08)
Floor:9.825 (Air Force, Penn tri-meet, 3/9/07)
All-around:38.950 (UCLA, Denver, Cal State Fullerton quad meet, 1/25/07)

SOPHIA HOCINI

All-Around • Junior • 5-2
 Murrieta, Calif. (Murrieta Valley HS)

2008: Co-captain...finished ninth in the all-around at the NCAA West Regional, posting a score of 38.700 to lead the Bears, the score was a career best and tied for the second best all-around score of the season for Cal...placed 14th on vault (9.775) and 28th on bars (9.625) to lead the Bears at the regional...tied for third on vault with a score of 9.800 and took third on beam (9.750) against UC Davis and Towson...paced the Bears in the all-around against Arizona State (38.475)...achieved a new personal best of 9.900, tying for first among all gymnasts, on floor at the Senior Day quad meet, the score was the highest of the season for Cal...also at the Senior Day quad meet, posted a new career best on beam, notching a 9.800 and finished first among Cal gymnasts with a 38.350 in the all-around...also reached a then-personal best on bars (9.650) against the Sun Devils...against Washington, took third on vault with a mark of 9.750...finished third in the all-around with a mark of 37.950 against Oregon State...at the Cat Classic, tallied a 9.775 on beam and a 38.500 in the all-around...recorded Cal's third-best all-around score of the campaign with a season-high mark of 38.675 against Boise State, including a 9.750 on floor...led the Bears in the all-around, notching a 38.625 at the Pac-10 Championships, tallying a 9.750 on beam and a 9.700 on floor. **2007:** Notched a 9.775 on vault and a 9.625 on beam at the NCAA West Regional...earned academic All-America honors...registered a then-career-best mark on beam (9.750) at the Pac-10 Championships...scored a 9.725 on both vault and beam at the UC Davis quad meet...notched her career-best score on vault (9.875) at Air Force...collected a 9.775 on vault at the tri-meet against Denver and BYU. **HIGH SCHOOL/CLUB:** Competed with SCEGA, coached by Kathy Strate, Tim Garrison and Meredith Paulicivic...in 2003, was the level nine national beam and all-around champion...in 2005, was the level 10 national vault and all-around champion...a 2005 level 10 national qualifier...club team was ranked second in the country...a 2005 Junior Olympics national team member...held a 4.0 or above all four years of high school. **PERSONAL:** Born June 9, 1988, in Fremont, Calif....undeclared major...daughter of Maurice and Emma Hocini...has a sister and a brother...aims to be a physical therapist or sports medicine doctor...hobbies include bike riding, going to the beach and watching sports.



COLLEGIATE CAREER HIGHS

Vault: 9.875 (Air Force, 3/18/07)
Bars: 9.725 (at Stanford, 2/24/08)
Beam: 9.800 (UC Davis, CSUF, SJSU quad meet, 3/16/08)
Floor:..... 9.900 (UC Davis, CSUF, SJSU quad meet, 3/16/08)
All-Around:.....38.700 (NCAA West Regional, 4/12/08)

Junior Sophia Hocini

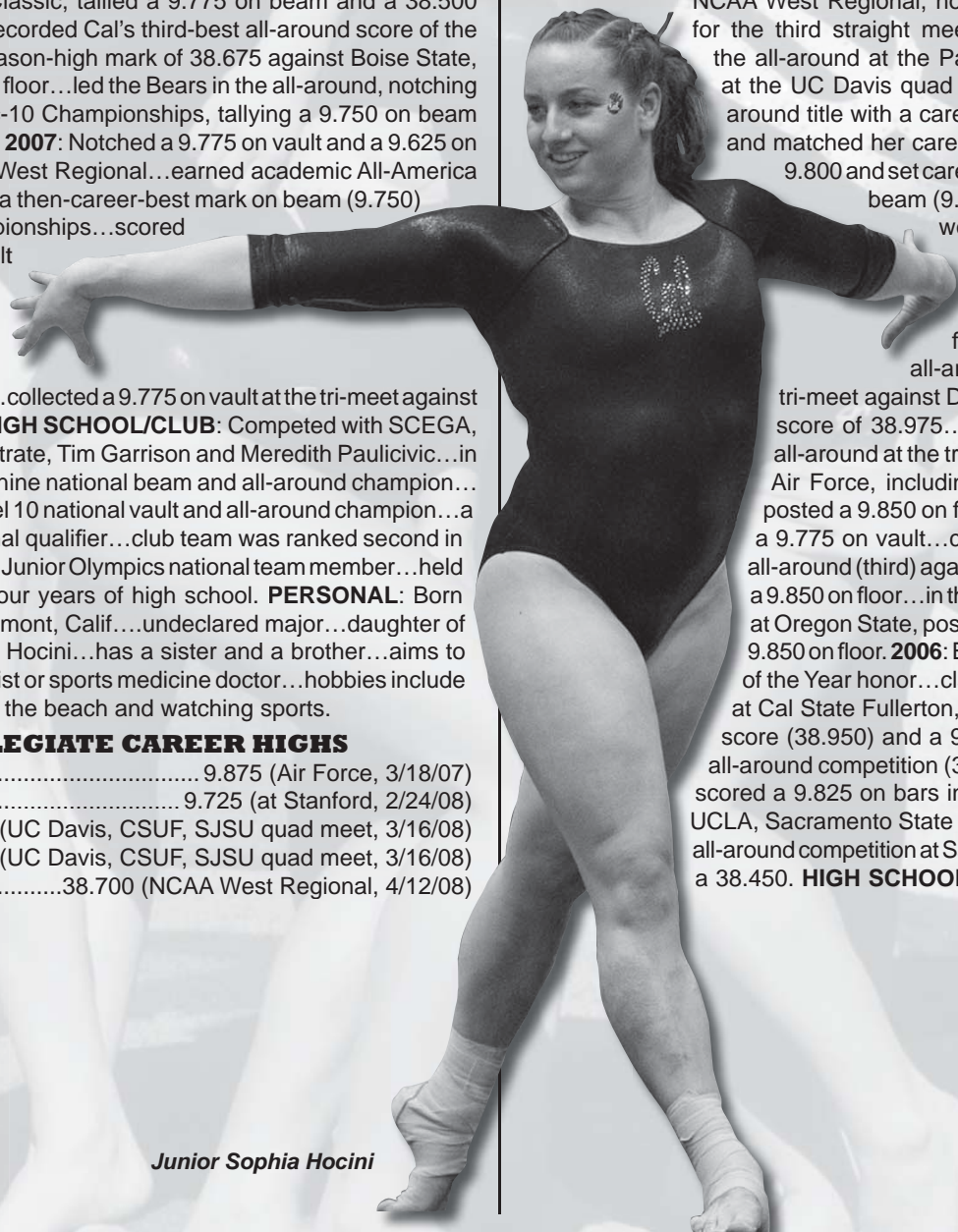
JESSICA KELLEY

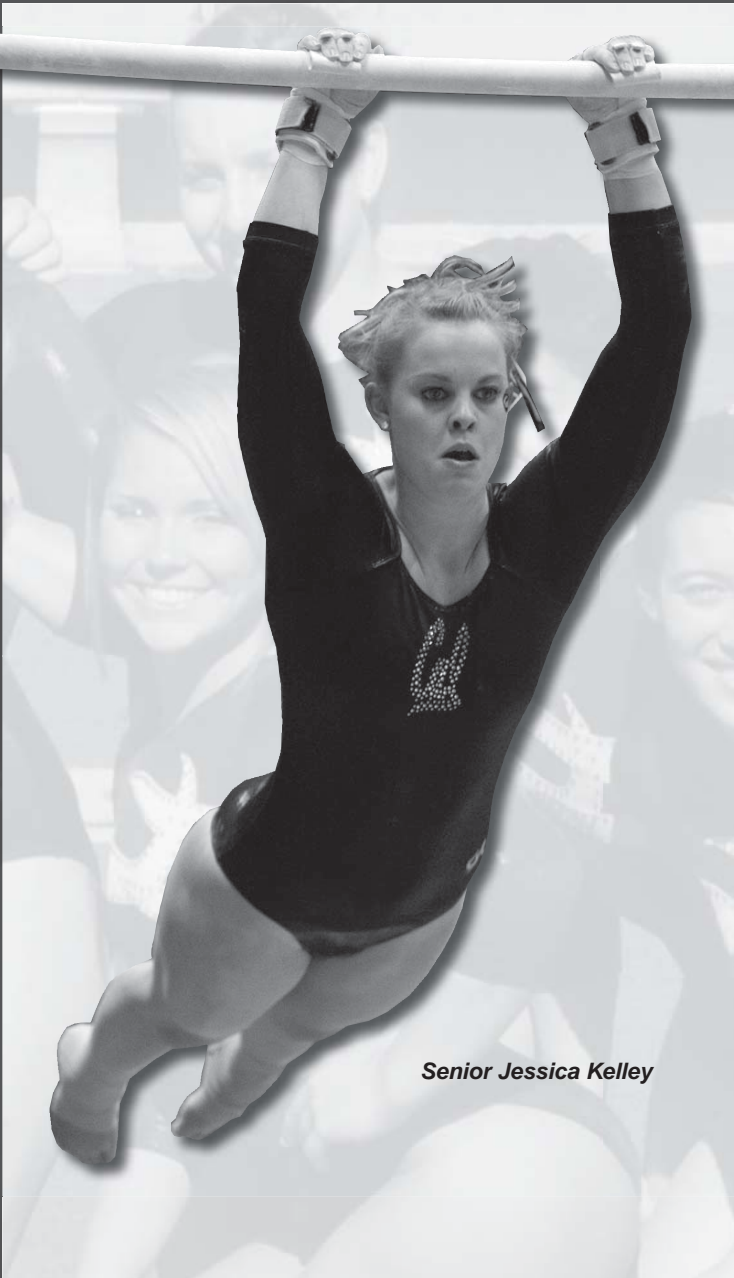
All-Around • Senior • 5-3.5
 Los Altos, Calif. (Homestead HS)

2008: Placed 13th in the all-around with a final mark of 38.175 at the NCAA West Regional...at the regional, was Cal's best finisher on floor with a 9.625 to take 29th overall...claimed the all-around title with a score of 38.700, which tied for the second best all-around score of the campaign, in the opening tri-meet against UC Davis and Towson, taking top honors on floor exercise where she tallied her highest score of the night (9.775)...earned a 9.800 or higher on bars four times...posted a 9.775 on bars versus UCLA...secured an all-around score of 38.600 in the Sacramento State quad meet...tied her career best on floor with a 9.875 at the Senior Day quad meet, also earned a season-high 9.850 on bars...tallied a season-high 9.800 on beam with a team-leading 9.775 on floor against Boise State...at the Pac-10 Championships finished second among the Bears in the all-around with a final mark of 38.525, including a 9.700 on bars.



2007: Team MVP...scored an all-around mark of 38.950 at the NCAA West Regional, notching a 9.800 on vault for the third straight meet...earned a 38.900 in the all-around at the Pac-10 Championships...at the UC Davis quad meet, won her third all-around title with a career-best score of 39.450 and matched her career-best mark on vault of 9.800 and set career highs on bars (9.875), beam (9.900) and floor (9.875)...won the all-around title (38.825) at Air Force and set a new career best on vault (9.800)...finished second in the all-around competition at the tri-meet against Denver and BYU with her score of 38.975...scored a 39.125 in the all-around at the tri-meet against Penn and Air Force, including a 9.775 on beam...posted a 9.850 on floor against Arizona and a 9.775 on vault...collected a 38.450 in the all-around (third) against Washington, posting a 9.850 on floor...in the all-around competition at Oregon State, posted a 38.625, including a 9.850 on floor. **2006:** Earned the team's Rookie of the Year honor...claimed all-around honors at Cal State Fullerton, with a then-career-high score (38.950) and a 9.775 on vault...won the all-around competition (38.500) at Washington...scored a 9.825 on bars in the quad meet against UCLA, Sacramento State and UC Davis...won the all-around competition at Sacramento State, posting a 38.450. **HIGH SCHOOL/CLUB:** Five-time level





Senior Jessica Kelley

10 national qualifier who trained with the Airborne club team under coaches Melanie Ruggiero and Justin Howell...four top-10 finishes in the all-around at the level 10 junior nationals...level 10 junior national team member in 2003...fifth all-around at junior nationals in 2004 (Senior B)...in 2004, placed first in the all-around, vault and bars at the region 1 championship meet...won numerous regional and state titles, including 2005 Norcal State championships in the all-around, vault, bars and floor. **PERSONAL:** Born Jan. 15, 1987, in Modesto, Calif.... American studies major... daughter of Michael and Jane Kelley... has a brother... lists dancing as one of her hobbies... prior to coming to Cal, vacationed in Italy and Germany.

COLLEGIATE CAREER HIGHS

- Vault:**9.800 (Three times, 2007)
- Bars:**9.875 (UC Davis, Sacramento State, San Jose State quad meet 3/23/07)
- Beam:**9.900 (UC Davis, Sacramento State, San Jose State quad meet 3/23/07)
- Floor:**9.875 (UC Davis, Sacramento State, San Jose State quad meet 3/23/07)
- AA:**39.450 (UC Davis, Sacramento State, San Jose State quad meet 3/23/07)

REIKO SENTENO

*V, UB, BB • RS-Freshman • 5-2
Garden Grove, Calif.
(Garden Grove HS)*

2008: Redshirted the 2008 season...2008 academic All-American. **HIGH SCHOOL/CLUB:** took top honors in the all-around at Level 9 regionals in 2004...came in sixth in the all-around at the 2005 Level 9 Western Nationals...a Level 10 competitor in 2006...competed for New Hope gymnastics club team. **PERSONAL:** Born Sept. 30, 1989, in Long Beach, Calif....integrative biology major...daughter of John and Karen Senteno...has a sister...considering nursing or medical school after graduation...traveled to Peru last summer with her family.



The 2009 California Golden Bears

FRESHMEN

SHANA JOHNSON

*All-Around • Freshman • 5-2
Castro Valley, Calif.
(Bishop O'Dowd HS)*

HIGH SCHOOL/CLUB: Finished second at the 2005 Level 9 Western Nationals on vault and floor...dislocated her left knee one week before competing at the 2007 regionals, but was still able to finish 13th out of 30 in the all-around... missed the 2008 level 10 season to have knee surgery to be ready for the fall at Cal... named the 2008 Level 10 Most Inspirational Gymnast...a lifetime member of the California Scholarship Federation, National Honor Society and graduated with honors at Bishop O'Dowd High School...competed for Golden Bear Gymnastics for nine years and attended Novato Gymnastics for one year. **PERSONAL:** Born July 27, 1990, in San Leandro, Calif....undeclared major...daughter of Joseph and Robin Johnson...has one sister... plans to become a sports medicine doctor or surgeon...was a member of The African Queens Dance Company in Oakland, Calif.... participated in the Multicultural Parade in Beijing, China...enjoys travelling with her family, church, shopping and movie nights.



ALEXANDRA LEGGITT

*All-Around • Freshman • 5-2
Huntington Beach, Calif. (Edison HS)*

HIGH SCHOOL/CLUB: Took second on vault and 11th in the all-around at the 2007 Western Nationals...level 9 regional beam champion, as well as fourth place on vault and fifth in the all-around in 2007...earned fifth place on vault at the level 10 regionals in 2008... achieved her personal-best vault score of 9.825 at the state championships in 2006...graduated with honors at Edison High School. **PERSONAL:** Born March 20, 1990, in Anaheim, Calif....undeclared major...daughter of Mike and Angeli Leggitt...hopes to go to veterinary school after Cal...lists her favorite sports moment as when she watched China's national gymnastics team work out at the Olympic training center in 2006...lists photography and traveling as her hobbies...competed for the New Hope club team.



LEAH REDON

*All-Around • Freshman • 5-3
Escondido, Calif. (San Pasqual HS)*

HIGH SCHOOL/CLUB: Named the 2008 Level 10 Most Valuable Gymnast...competed for SCEGA club team. **PERSONAL:** Born Sept. 29, 1990, in San Diego, Calif....undeclared major...daughter of Shawn Redon.



ERICA VARON

*All-Around • Freshman • 5-5
Torrance, Calif. (Redondo Union HS)*

HIGH SCHOOL/CLUB: Won the California state championship in the all-around in 2006 and is a two-time Junior Olympic national qualifier...competed for the Josephson Academy of Gymnastics...earned an academic letter last year and made the Principal's High Honor Roll at Redondo Union High School. **PERSONAL:** Born April 8, 1990, in Santa Monica, Calif... intends to major in molecular and cell biology... daughter of Steve and Patti Varon...has a cousin who attended Cal...lists watching the Boston Red Sox as a hobby and worked at Fenway Park during the summer of 2007.



2008 SEASON RESULTS

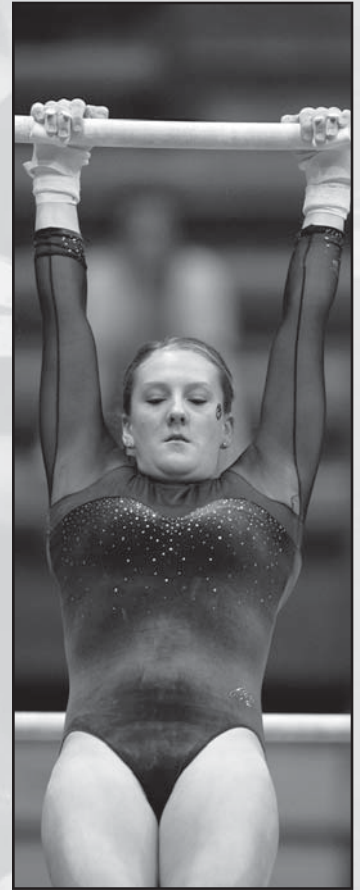
2008 CALIFORNIA WOMEN'S GYMNASTICS TEAM RESULTS/SCORES

OVERALL RECORD: 8-16 / REGULAR SEASON RECORD: 6-12

MEET-BY-MEET SCORES/RESULTS

Date	Cal Score	Opponent	Opponent Score	W/L	Cal Record	Pac-10 Record
January 11	192.525	at UC Davis	189.350	W	1-0	0-0
		Towson	186.350	W	2-0	0-0
January 20	191.750	No. 18 Arizona State	195.175	L	2-1	0-1
January 25	188.450	at Washington	193.975	L	2-2	0-2
February 1	190.425	at No. 19 Arizona	194.650	L	2-3	0-3
February 10	191.325	No. 8 Oregon State	195.175	L	2-4	0-4
February 17	189.425	No. 7 UCLA	195.225	L	2-5	0-5
February 24	193.100	at No. 7 Stanford	197.375	L	2-6	0-6
February 29	191.000	at No. 14 Missouri	195.275	L	2-7	0-6
		No. 4 Michigan	196.200	L	2-8	0-6
		No. 22 Ohio State	193.725	L	2-9	0-6
March 7	193.700	at Sacramento State	195.250	L	2-10	0-6
		UC Davis	192.625	W	3-10	0-6
		Seattle Pacific	190.075	W	4-10	0-6
March 16	194.100	San Jose State	194.825	L	4-11	0-6
		Cal State Fullerton	193.950	W	5-11	0-6
		UC Davis	191.325	W	6-11	0-6
March 21	192.700	at No. 17 Boise State	195.400	L	6-12	0-6
March 29	193.400	at Pac-10 Championships	197.000	5th of 7	8-16	0-6

(Rankings are at the time of the meet)



Siobahn Luce

CAL EVENT-BY-EVENT TEAM SCORES

OPPONENT	VAULT	BARS	BEAM	FLOOR	TOTAL
UC Davis/Towson	48.450	47.900	48.500	47.675	192.525
No. 18 Arizona State	47.600	49.125	48.175	46.850	191.750
Washington	47.575	48.200	46.350	46.325	188.450
No. 19 Arizona	47.700	47.800	47.600	47.325	190.425
No. 8 Oregon State	47.550	47.550	48.150	48.075	191.325
No. 7 UCLA	47.700	47.900	46.350	47.475	189.425
Stanford	48.425	48.850	48.125	47.700	193.100
Missouri/Michigan/Ohio State	47.900	47.475	47.525	48.100	191.000
Sac State/UC Davis/SJSU	48.025	48.800	48.800	48.075	193.700
CS Fullerton/UC Davis/SJSU	47.800	49.075	48.450	48.775	194.100
Boise State	48.450	47.425	48.225	48.600	192.700
Pac-10 Championships	47.975	48.450	48.675	48.300	193.400
Season Team Best	48.450	49.125	48.800	48.775	194.100
All-Time Team Best	49.375	49.550	49.300	49.425	196.800

INDIVIDUAL RESULTS

JOANNA BENNETT					
OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	9.825	9.750	9.675	8.475	37.725
Arizona State	9.750	9.900	9.825	8.275	37.750
at Washington	8.900	9.775	--	--	--
at Arizona	--	--	--	--	--
Oregon State	--	--	--	--	--
UCLA	--	--	--	--	--
at Stanford	--	--	--	--	--
at Miss./Mich/OSU	--	--	--	--	--
at Sac St./UCD/SP	--	--	--	--	--
CSUF/UCD/SJSU	--	--	--	--	--
at Boise State	--	--	--	--	--
Pac-10 Champs	--	--	--	--	--
Season Best	9.825	9.900	9.825	8.475	37.750
Career Best	9.825	9.900	9.825	9.700	37.750

at Stanford	9.625	--	--	9.725	--
at Miss./Mich/OSU	--	--	--	9.550	--
at Sac St./UCD/SP	--	--	9.725	9.575	--
CSUF/UCD/SJSU	--	--	--	9.475	--
at Boise State	--	--	--	9.075	--
Pac-10 Champs	--	--	9.775	9.750	--
Season Best	9.625	--	9.775	9.775	--
Career Best	9.625	--	9.775	9.775	--

STEFANIE CHENG					
OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	--	--	--	9.600	--
Arizona State	--	--	--	--	--
at Washington	--	--	--	9.325	--
at Arizona	9.500	--	--	9.525	--
Oregon State	9.500	--	9.350	9.775	--
UCLA	9.250	--	9.050	9.675	--

AVERY GEE					
OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	9.550	--	9.775	--	--
Arizona State	9.625	--	9.250	9.600	--
at Washington	9.475	--	9.600	9.575	--
at Arizona	9.625	--	9.125	9.825	--
Oregon State	9.625	--	9.100	9.750	--
UCLA	9.625	--	--	9.200	--
at Stanford	9.625	--	9.050	9.825	--
at Miss./Mich/OSU	9.275	--	9.025	9.700	--
at Sac St./UCD/SP	9.600	--	--	--	--
CSUF/UCD/SJSU	9.600	--	--	9.750	--
at Boise State	9.675	--	9.050	9.750	--
Pac-10 Champs	9.575	--	--	9.625	--
Season Best	9.675	--	9.775	9.825	--
Career Best	9.675	--	9.775	9.825	--

BRIDGETTE GLASS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	--	--	--	--	--
Arizona State	--	9.800	9.300	--	--
at Washington	--	9.600	8.225	--	--
at Arizona	--	9.150	9.750	--	--
Oregon State	--	9.700	9.850	--	--
UCLA	9.525	9.750	9.850	--	--
at Stanford	9.700	9.800	9.825	--	--
at Miss./Mich/OSU	9.525	8.650	9.750	--	--
at Sac St./UCD/SP	9.575	9.800	9.775	--	--
CSUF/UCD/SJSU	9.700	9.875	9.900	--	--
at Boise State	9.700	9.825	9.900	--	--
Pac-10 Champs	9.475	9.775	9.775	--	--
NCAA Regional	--	--	9.825	--	--
Season Best	9.700	9.875	9.900	--	--
Career Best	9.875	9.900	9.900	9.825	38.900

SOPHIA HOCINI

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	9.800	9.000	9.750	--	--
Arizona State	9.675	9.650	9.600	9.550	38.475
at Washington	9.750	9.550	9.000	8.750	37.050
at Arizona	9.500	9.575	9.150	8.725	36.950
Oregon State	9.375	9.650	9.625	9.300	37.950
UCLA	9.550	8.975	9.575	9.300	37.400
at Stanford	9.550	9.725	9.750	9.400	38.425
at Miss./Mich/OSU	9.600	9.600	9.775	9.525	38.500
at Sac St./UCD/SP	9.525	9.675	9.100	9.675	37.975
CSUF/UCD/SJSU	9.600	9.050	9.800	9.900	38.350
at Boise State	9.625	9.675	9.625	9.750	38.675
Pac-10 Champs	9.600	9.575	9.750	9.700	38.625
NCAA Regional	9.775	9.625	9.700	9.600	38.700
Season Best	9.800	9.725	9.800	9.900	38.700
Career Best	9.875	9.725	9.800	9.900	38.700

JESSICA KELLEY

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	9.600	9.675	9.650	9.775	38.700
Arizona State	9.150	9.800	--	--	--
at Washington	--	--	--	--	--
at Arizona	--	9.700	--	--	--
Oregon State	--	--	--	--	--
UCLA	--	9.775	--	--	--
at Stanford	--	9.800	--	--	--
at Miss./Mich/OSU	9.450	9.100	9.125	9.450	37.125
at Sac St./UCD/SP	9.550	9.800	9.750	9.500	38.600
CSUF/UCD/SJSU	9.400	9.850	9.100	9.875	38.225
at Boise State	9.600	9.150	9.800	9.775	38.325
Pac-10 Champs	9.550	9.700	9.650	9.625	38.525
NCAA Regional	9.425	9.425	9.700	9.625	38.175
Season Best	9.600	9.850	9.800	9.875	38.700
Career Best	9.800	9.875	9.900	9.875	39.450

SIOBHAN LUCE

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	9.600	9.775	9.025	9.625	38.025
Arizona State	9.075	9.875	9.600	9.700	38.250
at Washington	9.575	9.700	9.000	9.150	37.425
at Arizona	9.625	9.750	9.525	9.575	38.475
Oregon State	9.500	9.625	--	9.600	--
UCLA	9.550	9.800	8.475	9.725	37.550
at Stanford	9.825	9.800	9.025	9.100	37.750
at Miss./Mich/OSU	9.800	9.700	9.125	9.650	38.275
at Sac St./UCD/SP	9.750	9.775	9.725	9.725	38.975
CSUF/UCD/SJSU	9.125	9.850	9.650	9.600	38.225
at Boise State	9.850	9.100	9.625	9.750	38.325
Pac-10 Champs	9.750	9.725	9.100	9.600	38.175
NCAA Regional	9.100	9.600	9.700	9.075	37.475
Season Best	9.850	9.875	9.725	9.750	38.975
Career Best	9.850	9.875	9.875	9.775	39.225

NASSIM MIRREGHABIE

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	--	--	--	--	--
Arizona State	9.400	--	--	--	--
at Washington	9.425	--	9.725	--	--
at Arizona	9.450	--	9.500	--	--
Oregon State	9.550	8.950	9.625	--	--
UCLA	9.450	8.500	8.550	--	--

at Stanford	9.650	9.725	9.675	--	--
at Miss./Mich/OSU	9.525	9.550	9.750	--	--
at Sac St./UCD/SP	9.550	8.750	9.825	--	--
CSUF/UCD/SJSU	9.500	9.725	9.850	--	--
at Boise State	9.550	9.650	9.275	--	--
Pac-10 Champs	9.500	9.675	9.725	--	--
Season Best	9.650	9.725	9.850	--	--
Career Best	9.650	9.725	9.850	--	--

KEIKO NAKAMURA

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	--	--	9.650	--	--
Arizona State	--	--	9.850	--	--
at Washington	--	--	9.025	--	--
at Arizona	--	--	9.675	--	--
Oregon State	--	--	9.700	--	--
UCLA	--	--	9.325	--	--
at Stanford	--	--	9.825	--	--
at Miss./Mich/OSU	--	--	--	--	--
at Sac St./UCD/SP	--	--	--	--	--
CSUF/UCD/SJSU	--	--	9.250	--	--
at Boise State	--	--	--	--	--
Pac-10 Champs	--	--	--	--	--
Season Best	--	--	9.850	--	--
Career Best	--	--	9.850	--	--

ALLI SZUTU

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	9.625	9.700	--	9.600	--
Arizona State	--	--	--	--	--
at Washington	--	--	--	--	--
at Arizona	--	9.075	--	--	--
Oregon State	--	--	--	--	--
UCLA	--	--	--	--	--
at Stanford	--	--	--	--	--
at Miss./Mich/OSU	--	--	--	--	--
at Sac St./UCD/SP	--	--	--	--	--
CSUF/UCD/SJSU	--	--	--	--	--
at Boise State	--	--	--	--	--
Pac-10 Champs	--	--	--	--	--
Season Best	9.625	9.700	--	9.600	--
Career Best	9.850	9.775	9.625	9.800	38.700

NICKI WELLS

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	--	8.875	--	9.075	--
Arizona State	--	9.750	--	9.725	--
at Washington	--	9.575	--	9.525	--
at Arizona	--	9.625	--	9.675	--
Oregon State	9.375	9.625	--	9.650	--
UCLA	--	9.600	--	9.575	--
at Stanford	--	9.725	--	9.650	--
at Miss./Mich/OSU	--	9.525	--	9.675	--
at Sac St./UCD/SP	--	9.750	--	9.600	--
CSUF/UCD/SJSU	--	9.775	--	9.650	--
at Boise State	--	9.125	--	9.575	--
Pac-10 Champs	--	8.950	--	9.600	--
Season Best	9.375	9.775	--	9.725	--
Career Best	9.700	9.850	9.725	9.825	38.625

KENDALL ZDVORAK

OPPONENT	VAULT	BARS	BEAM	FLOOR	A-A
at UCD/Towson	--	--	--	--	--
Arizona State	--	--	--	--	--
at Washington	9.350	--	--	--	--
at Arizona	9.400	--	--	--	--
Oregon State	--	--	--	--	--
UCLA	--	--	--	--	--
at Stanford	--	--	--	--	--
at Miss./Mich/OSU	--	--	--	--	--
at Sac St./UCD/SP	--	--	--	--	--
CSUF/UCD/SJSU	--	--	--	--	--
at Boise State	--	--	--	--	--
Pac-10 Champs	--	--	--	--	--
Season Best	9.400	--	--	--	--
Career Best	9.400	--	--	--	--

TOP ALL-TIME SCORES

INDIVIDUAL

VAULT

Place	Score	Gymnast	Site	Date/Most Recent
1.	9.950	Lauren Shipp	Berkeley	1/30/04
		My-Lan Dodd (3x)	at San Jose State	3/21/03
		Monique Chang	Berkeley	2/21/03
		Lisa Washington	at Arizona State	3/25/95
		Kristen Smyth	at Arizona	3/28/92
2.	9.925	Isabel Garcia	Berkeley	3/9/07
		Monique Chang	at Stanford	2/20/04
		Stephanie Kim	at Arizona	2/6/04
		Lisa Arnold	Berkeley	2/18/01
		Candice Kwok	Berkeley	3/29/96
		Lisa Washington (2x)	Berkeley	2/3/96
3.	9.900	My-Lan Dodd	Berkeley	3/7/05
		Lauren Shipp (2x)	Berkeley	3/12/04
		Karissa Chock (2x)	Berkeley	1/23/04
		Janet McKnight (2x)	Berkeley	3/7/03
		Leila Khoury (2x)	at Boise State	3/11/00
		Candice Kwok (3x)	at Arizona State	2/21/97
		Heather Schneider	at Oregon State	3/16/96
		Lisa Washington (3x)	at Stanford	3/12/93
4.	9.875	Sophia Hocini	at Air Force	3/18/07
		Bridgette Glass	Berkeley	3/2/07
		Isabel Garcia	at UCLA	2/25/07
		Lauren Shipp (3x)	NCAA Regional	4/3/04
		Stephanie Kim	Berkeley	3/12/04
		My-Lan Dodd	at Washington	1/16/04
		Lindsay Baker	at Pac-10 Champ	3/24/01
		Janet McKnight	at Pac-10 Champ	3/24/01
		Lisa Washington (3x)	Berkeley	3/5/95
		Heather Schneider	at Georgia	3/12/95
		Candice Kwok (3x)	at Arizona State	3/25/95
		Monique Chang	at Utah State	3/6/04
		Karissa Chock	Berkeley	3/12/04

BARS

1.	10.000	Cindy Tom	at Seattle Pacific	2/15/92
2.	9.950	My-Lan Dodd	Berkeley	3/12/04
		Stephanie Kim	Berkeley	3/12/04
		Pari Olver	at UC Davis	2/24/00
3.	9.925	Miho Maeda	Berkeley	3/12/04
		Monique Chang	at Stanford	2/20/04
		My-Lan Dodd (2x)	Berkeley	2/13/04
4.	9.900	Joanna Bennett	Berkeley	1/20/08
		Bridgette Glass	at UC Davis	3/23/07
		Lydia Williams	Berkeley	3/9/07
		Britani Pittullo	at George Washington	3/12/06
		Miho Maeda	Berkeley	1/14/05
		Monique Chang (4x)	Pac-10 Championships	3/20/04
		Stephanie Kim (2x)	at Boise State	2/27/04
		Miho Maeda	at Stanford	2/20/04
		My-Lan Dodd (3x)	at Arizona	2/6/04
		Carrie Kreifels (4x)	at Pac-10 Champ	3/24/01
		Pari Olver (2x)	at Pac-10 Champ	3/24/01
		Leila Khoury	at San Jose State	2/26/00
		Cindy Tom	at Arizona	2/11/94
		Kristen Smyth	Berkeley	3/21/92

BEAM

1.	9.950	My-Lan Dodd (2x)	Pac-10 Championships	3/20/04
		Miho Maeda	at Arizona State	2/28/03
2.	9.925	My-Lan Dodd	at Stanford	2/20/04
		Stephanie Kim	Berkeley	3/12/04
		Pari Olver	at San Jose State	3/16/01
3.	9.900	Bridgette Glass (4x)	Berkeley	3/16/08
		Jessica Kelley	at UC Davis	3/23/07
		Stephanie Kim (2x)	Berkeley	2/13/04
		Karissa Chock	Berkeley	2/13/04
		My-Lan Dodd (4x)	Berkeley	1/23/04
		Katreece Stone (2x)	at Arizona State	2/23/01
		Genine Ishino	at Denver	1/13/01
		Candice Kwok (3x)	at Arizona	3/22/97
		Jennie Kang	Berkeley	2/7/97
		Emily Bails	Berkeley	3/8/96
		Cindy Tom (3x)	at Seattle Pacific	2/15/92
4.	9.875	Siohban Luce	at UC Davis	3/23/07
		Lauren Shipp	Berkeley	3/26/05
		My-Lan Dodd	Berkeley	3/12/04
		Miho Maeda (2x)	Berkeley	3/12/04
		Karissa Chock	at Utah State	3/6/04
		Stephanie Kim	at Arizona	2/6/04
		Lauren Shipp (2x)	Pac-10 Championships	3/29/03
		Katreece Stone (3x)	at UC Davis	3/10/01
		Carrie Kreifels	at UC Davis	2/24/00
		Emily Bails	Berkeley	2/6/99

Mindy Ornellas (2x)	at Arizona	3/22/97
Candice Kwok	at Washington	3/19/95

FLOOR

1.	9.950	Stephanie Kim	at Stanford	2/20/04
		Monique Chang	Arizona	2/6/04
		My-Lan Dodd	Berkeley	1/23/04
		Leila Khoury	at San Jose State	2/26/00
2.	9.925	My-Lan Dodd (2x)	Berkeley	3/12/04
		Stephanie Kim (2x)	Berkeley	2/13/04
		Monique Chang	Berkeley	3/7/03
		Pari Olver (4x)	at UCLA	3/4/01
		Katreece Stone	at UC Davis	3/10/01
		Mindy Ornellas (2x)	Berkeley	2/7/97
3.	9.900	Sophia Hocini	Berkeley	3/16/08
		Stephanie Kim (6x)	at Pac-10 Champ	3/20/04
		My-Lan Dodd (6x)	at Arizona	2/6/04
		Britani Pittullo (3x)	at Pac-10 Champ	2/29/03
		Monique Chang	Berkeley	2/9/03
		Lindsay Baker (2x)	at Pac-10 Champ	3/24/01
		Pari Olver	at Pac-10 Champ	3/24/01
		Katreece Stone	at Pac-10 Champ	3/24/01
		Carrie Kreifels	at UC Davis	3/10/01
		Leila Khoury (3x)	at NCAA Regional	4/1/00
		Bridgett Coates	at Pac-10 Champ	3/18/00
4.	9.875	Jessica Kelley	Berkeley	3/16/08
		Isabel Garcia	Berkeley	3/9/07
		Stephanie Kim (2x)	at Boise State	2/27/04
		Elyse Wong	at Boise State	2/27/04
		My-Lan Dodd (2x)	Berkeley	2/13/04
		Monique Chang (3x)	Berkeley	1/30/04
		Sheilah Buack	Berkeley	1/18/02
		Pari Olver (3x)	at UC Davis	3/10/01
		Carrie Kreifels (2x)	at UCLA	3/4/01
		Leila Khoury (3x)	at UC Davis	2/24/00
		Emily Bails	Berkeley	3/29/96
		Angela Mapa	Berkeley	3/29/96
		Mindy Ornellas	Berkeley	2/3/96

ALL-AROUND

1.	39.675	My-Lan Dodd	at Arizona State	2/28/03
2.	39.650	Stephanie Kim	Berkeley	3/12/04
3.	39.575	My-Lan Dodd (2x)	Berkeley	3/12/04
4.	39.500	My-Lan Dodd (2x)	at Pac-10 Champ	3/29/03
5.	39.475	My-Lan Dodd	at UC Davis	3/14/03

TEAM

VAULT

Place	Score	Site/Opponent(s)	Date
1.	49.375	Berkeley/Washington, Sacramento State	2/21/03
2.	49.325	Berkeley/Ball State	3/12/04
3.	49.275	at Arizona State/Rutgers	2/28/03
4.	49.200	NCAA Regional Championships/Corvallis, Ore.	4/3/04
5.	49.150	at San Jose State	3/21/03

BARS

1.	49.550	Berkeley/Ball State	3/12/04
2.	49.400	at San Jose State	2/26/00
3.	49.325	at UC Davis	3/23/07
4.	49.275	at UC Davis	2/24/00
5.	49.250	Berkeley/Washington, Sacramento State	2/21/03
		Berkeley/Boise State, Fullerton, UC Davis	2/9/03

BEAM

1.	49.300	at Utah State	3/6/04
2.	49.250	Berkeley/Arizona	3/7/03
3.	49.225	at UC Davis	3/23/07
4.	49.175	Pac-10 Championships Tucson, Ariz.	3/20/04
		Berkeley/Boise State, Fullerton, UC Davis	2/9/03
5.	49.150	at UC Davis	3/14/03
		Berkeley/Stanford	2/18/01

FLOOR

1.	49.425	at Stanford	2/20/04
2.	49.375	at Pac-10 Championships; Seattle, Wash.	3/24/01
3.	49.300	Berkeley/Washington, UC Davis	2/9/01
		at San Jose State	2/26/00
4.	49.275	at Arizona State/Rutgers	2/28/03
		Berkeley/ Boise State, Fullerton, UC Davis	2/9/03

ALL-AROUND

1.	196.800	Berkeley/Ball State	3/12/04
		Berkeley/Arizona	3/7/03
2.	196.500	at UC Davis	3/23/07
3.	196.475	Berkeley/Washington, Sacramento State	2/21/03
4.	196.375	Berkeley/Boise State, Fullerton, UC Davis	2/9/03
5.	196.075	Berkeley/Stanford	2/18/01

YEARLY RESULTS

CAL INDIVIDUALS AT THE NCAA CHAMPIONSHIPS

Year	Name	Event	Score	Finish	
2003	My-Lan Dodd	Bars	9.775	13th	
		Vault	9.700	25th	
		Floor	9.750	28th	
		Beam	9.200	39th	
		AA	38.425	23rd	
1994	Candice Kwok	AA	27.525	71st	
1992	Kristen Smyth	AA	38.775	9th	
		Mimi Goyer	Beam	9.750	9th
		Cindy Tom	Beam	9.725	12th
1991	Kristen Smyth	AA	36.795	43rd	
1990	Cindy Tom	Bars	9.775	11th	
1986	Ellis Wood	AA	36.400	27th	
1985	Ellis Wood	AA	35.600	36th	
1984	Ellis Wood	AA	36.250	21st	



Cal Gymnast of the Decade, three-time All-American, and two-time NCAA participant Kristen Smyth (1991-92).

DUAL, INVITATIONAL MEET RECORDS

Opponent	Series Record
Air Force	4-0
Alaska-Anchorage	2-0
Arizona	4-21
Arizona State	4-24
Arkansas	0-1
Auburn	0-1
Ball State	3-0
Boise State	7-6
Brigham Young	2-0
Brown	1-0
Cal Poly	3-1
Chico State	1-1
CSU Fullerton	10-5
CSU Northridge	1-0
Denver	2-5
Eastern Michigan	1-0
Florida	0-2
Fresno State	4-2
Georgia	0-3
Georgia College	1-0
George Washington	1-0
Illinois	2-0
Illinois-Chicago	2-0
Illinois State	1-0
Iowa	1-0
Kentucky	0-1
Long Beach State	4-0
Louisiana State	0-1
Maryland	2-2
Massachusetts	2-0
Michigan	2-1
Michigan State	1-1
Minnesota	3-0
Missouri	1-2
Nebraska	0-7
Nevada	0-2
New Hampshire	2-0
New Mexico	2-1
North Carolina	0-1
North Carolina State	1-1
Northeastern	1-0
Northern Colorado	0-1
Northern Michigan	1-0
Ohio State	1-1
Oklahoma	2-2
Oregon	2-1
Oregon State	3-28
Penn State	1-0
Pennsylvania	1-0
Pittsburgh	1-0
Rutgers	1-0
Sacramento State	19-8
San Diego State	0-3
San Francisco State	1-0
San Jose State	21-9
Seattle Pacific	18-1
Sonoma State	1-0
Southern Utah	2-1
Stanford	15-31
Towson	1-0
UC Davis	31-1
UCLA	1-26
UC Santa Barbara	21-3
USC	0-2
Utah	0-4
Utah State	6-4
Washington	7-29
Washington State	4-1
Western Michigan	0-1
West Virginia	1-1

YEAR-BY-YEAR RESULTS

Year	Coach	Overall	Regular Season	Regional Finish	NCAA Finish
2008	Cari DuBois	8-16	6-12	individuals	
2007	Cari DuBois	11-18	8-9	4th	
2006	Cari DuBois	8-17	8-11	individuals	
2005	Cari DuBois	6-12	6-12		
2004	Cari DuBois	9-6	9-6	5th	
2003	Cari DuBois	12-5	12-5	4th	individuals
2002	Trina Tinti	5-9	5-9	individuals	
2001	Trina Tinti	17-19	15-9	5th	
2000	Trina Tinti	11-12	9-8	individuals	
1999	Trina Tinti	6-15	6-15	individuals	
1998	Trina Tinti	8-9	8-9	6th	
1997	Alfie Mitchell	9-11	9-11	6th	
1996	Alfie Mitchell	16-6	16-6	7th	
1995	Alfie Mitchell	7-12	7-12	5th	
1994	Alfie Mitchell	14-2	14-2	5th	individuals
1993	Pam Burgess	7-7	7-7	individuals	
1992	Pam Burgess	9-3	9-3	3rd	8th
1991	Pam Burgess	17-8	17-8	2nd	individuals
1990	Pam Burgess	9-7	9-7	T5th	individuals
1989	Pam Burgess	6-9	6-9	7th	
1988	Pam Burgess	7-9	7-9	individuals	
1987	Pam Burgess	9-12	9-12	6th	
1986	Pam Burgess	9-7	8-7	6th	individuals
1985	Diane Dunbar	8-12	8-12	individuals	individuals
1984	Diane Dunbar	10-13	10-13	5th	individuals
1983	Diane Dunbar	7-6	12-2	7th	
1982	Diane Dunbar	5-5	6-8		
1981	Dale Flansaas	2-9		NorPac	
1980	Dale Flansaas	2-8	6-14	NorPac	
1978-79	Dan Millman	5-10			
1977	Molly Rackham	5-4			
1975-76	Debbie Bailey	0-3			
1974	Sue Williamson	4-1			

Notes: Pac-10 competition began in 1987. Prior to that, Cal competed in the NorPac Conference. No NCAA competition prior to 1982.

AWARDS & HONORS

ALL-AMERICAN

- 1992 Kristen Smyth (1st team vault, 2nd team floor and all-around)
- Mimi Goyer (2nd team beam)
- Cindy Tom (2nd team beam)

ALL-PAC-10

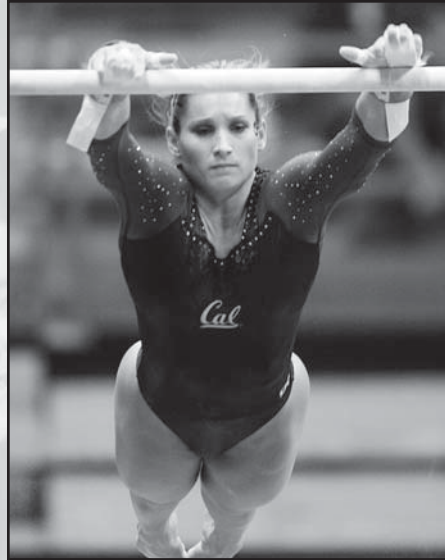
- 2001 Pari Olver (all-around)
- 2000 Leila Khoury
- 1999 Leila Khoury
- 1998 Leila Khoury (all-around)
- 1997 Mindy Ornellas (floor)
- 1995 Lisa Washington (vault)
- 1992 Kristen Smyth (vault)
- Cindy Tom (bars)

ACADEMIC ALL-AMERICANS

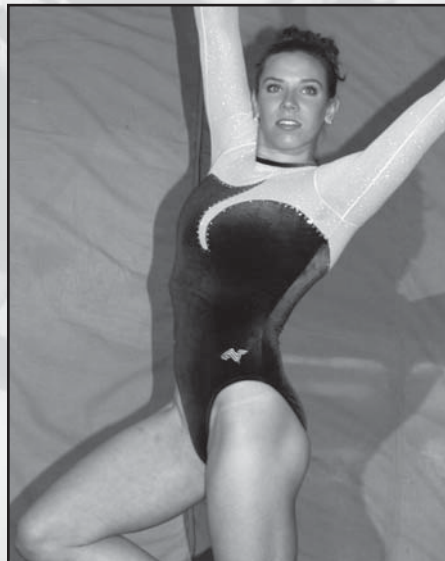
- | | | |
|------|-----------------------|-------------------------|
| 2008 | Alli Szutu | Christine Nishimoto |
| | Nicki Wells | Jennifer Wang |
| | Stefanie Cheng | 1995 Mindy Ornellas |
| | Reiko Senteno | Candice Kwok |
| 2007 | Elyse Wong | Sirinda Sincharoen |
| | Justine Cephus | Jennifer Wang |
| | Nicki Wells | Sharly Wong |
| | Vanna Rocchi | Carrie Schneider |
| | Sophia Hocini | Cassie Shigeoka |
| 2005 | My-Lan Dodd | 1994 Sirinda Sincharoen |
| | Miho Maeda | Cassie Shigeoka |
| | Lauren Shipp | Erin Power |
| | Elyse Wong | 1992 Mimi Goyer |
| | Nicki Wells | Sigall Kassutto |
| 2004 | Karissa Chock | Kristen Smyth |
| | My-Lan Dodd | Ingrid Wertz |
| | Elyse Wong | 1991 Mimi Goyer |
| 2003 | Janet McKnight | Jenny Griesemer |
| | My-Lan Dodd | Sigall Kassutto |
| 2002 | My-Lan Dodd | Pam Jong |
| 2001 | Lindsay Baker | Kati McBride |
| | Pari Olver | Nicole McLeod |
| | Katreece Stone | 1990 Mimi Goyer |
| | Jarmin Yeh | Sigall Kassutto |
| 1997 | Paula Chang | 1989 Sigall Kassutto |
| 1996 | Mindy Ornellas | |
| | Candice Kwok | |
| | Sirinda Sincharoen | |

COSIDA ACADEMIC ALL-AMERICAN OF THE YEAR

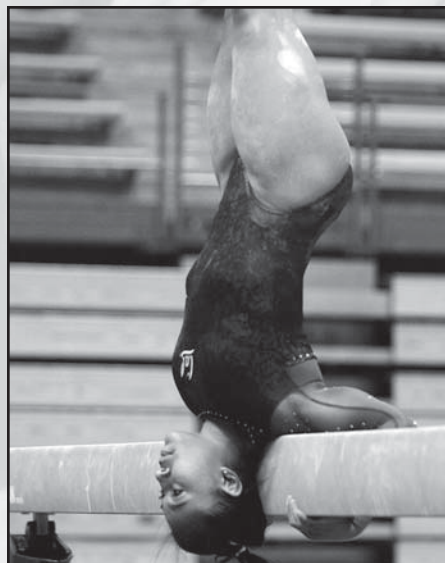
- 1992 Sigall Kassutto



Britani Pittullo



Lauren Shipp



Justine Cephus

PAC-10 ALL-ACADEMIC

- 2008 Nicki Wells (first team)
- Sophia Hocini (second team)**
- Siobhan Luce (honorable mention)
- 2007 Elyse Wong (second team)
- Nicki Wells (second team)
- Joanna Bennett (honorable mention)**
- Justine Cephus (honorable mention)
- Isabel Garcia (honorable mention)
- Siobhan Luce (honorable mention)
- Alli Szutu (honorable mention)
- Tiffany Tam (honorable mention)
- 2006 Britani Pittullo (honorable mention)
- Justine Cephus (honorable mention)
- Siobhan Luce (honorable mention)
- Alli Szutu (honorable mention)
- Nicki Wells (honorable mention)
- 2005 My-Lan Dodd (first team)
- Lauren Shipp (honorable mention)
- 2004 My-Lan Dodd (second team)
- Karissa Chock (honorable mention)
- Stephanie Kim (honorable mention)
- 2003 My-Lan Dodd (second team)
- Karissa Chock (honorable mention)
- Janet McKnight (honorable mention)
- Adrienne Garcia (honorable mention)
- Lauren Shipp (honorable mention)
- 2002 Karissa Chock (honorable mention)
- Stephanie Kim (honorable mention)
- Janet McKnight (honorable mention)
- Katreece Stone (honorable mention)
- 2001 Lindsay Baker (honorable mention)
- Genine Ishino (honorable mention)
- Kristine Kaibara (honorable mention)
- Janet McKnight (honorable mention)
- Pari Olver (second team)
- Katreece Stone (honorable mention)
- Jarmin Yeh (honorable mention)
- 2000 Lindsay Baker (honorable mention)
- Paula Chang (honorable mention)
- Pari Olver (second team)
- 1998 Emily Bails (honorable mention)
- Elizabeth Berlin (honorable mention)
- Chantel Debert (honorable mention)
- Angela Mapa (honorable mention)
- 1997 Candice Kwok (second team)
- Emily Bails (honorable mention)
- Angela Mapa (honorable mention)
- 1996 Christine Nishimoto (honorable mention)
- Mindy Ornellas (honorable mention)
- Sirinda Sincharoen (honorable mention)
- Jennifer Wang (honorable mention)
- 1995 Mindy Ornellas (honorable mention)
- Cassie Shigeoka (honorable mention)
- Jennifer Wang (honorable mention)
- 1994 Amy Sims (honorable mention)
- Sirinda Sincharoen (honorable mention)
- 1993 Mimi Goyer (second team)
- 1992 Sigall Kassutto
- Kristen Smyth (first team)
- Mimi Goyer (second team)
- Kati McBride
- Nicole McLeod
- Ingrid Wertz (honorable mention)
- 1991 Sigall Kassutto (first team)
- Mimi Goyer (second team)

ALL-TIME ROSTER

-A-

Aitkenhead, Caitlin 2006
 Alden, Elizabeth 1997-98
 Anderson, Judy 1977
 Arnold, Lisa 2000-02

-B-

Bails, Emily 1996-99
 Baker, Lindsay 1999-01
 Baker, Robin 1987
 Baldwin, Renee 1978-81
 Ballmer, Leslie 1992-94
 Barrett, Jennifer 1979-80
 Beckington, Carrie 1974-75
Bennett, Joanna 2006-present
 Berlin, Elizabeth 1997-99
 Bernadou, Nanette 1978-79
 Bernheimer, Susan 1984
 Bialosky, Jennifer 1996-98
 Binkley, Barbara 1983
 Bowman, Susan 1974
 Brant, Dana 1975
 Breannan, Laurel 1981
 Buack, Sheilah 2002-03
 Tina Burfield 1988

-C-

Capsuto, Tara 2002
 Cashman, Nicola 2007-08
 Cephus, Justine 2004-07
 Chan, Winnie 1975-76
 Chang, Monique 2003-04
 Chang, Paula 1998-01
 Chau, Debbie 1980
 Chen, Margaret 1981
Cheng, Stefanie 2008-present
 Chiprut, Rebecca 1992
 Chock, Karissa 2001-04
 Christiansen, Lisa 1974
 Christiansen, Tennille 1995
 Coates, Bridgett 1999-00
 Cummins, Susan 1974

-D-

Day, Nicole 2007
 Debert, Chantel 1997-98
 DeCecco, Diane 1983
 Dillon, Alexandra 2005
 Dinkel, Christina 1990-93
 Distenano, CeCilia 1977
 Dodd, My-Lan 2002-05
 Dolecki, Ranae 1974
 Duke, Sharon 1985

-E-

Evans, Lori 1988

-F-

Ferencz, Keri 1974
 Ferrin, Cara 1991
 Fiorillo, Sarah 2006
 Fracchia, Carla 1982

-G-

Gaidish, Jackie 1992-95
 Garcia, Adrienne 2002-04
 Garcia, Anja 2003-04
 Garcia, Isabel 2004-07
 Garfinkle, Jan 1976
 Garrett, Lindsay 1996-98
Gee, Avery 2008-present
 Gilcrest, MaryAnn 1977
Glass, Bridgette 2006-present
 Goldenberg, Ruth 1978



My-Lan Dodd

Goyer, Mimi 1990-93
 Green, Syd 1988-89
 Griesemer, Jenny 1988-91

-H-

Hale, Mary 1982
 Halbach, Kathy 1976-78
 Hannes, Nicki 1981-82
 Hansen, Jill 1980
 Hanson, Carol 1974
 Harkey, Lorle 1974
 Harrington, Christine 1974-76
 Heilig, Susan 1979-80
 Heiman, Marilyn 1980-82
 Henry, Elizabeth 1976-77
 Hirano, Patricia 1985
Hocini, Sophia 2007-present
 Holzer, Lori 1991
 Hone, Jennifer 1981-83
 Hontz, Julia 1986-88

-I-

Ichikawa, Jill 1997
 Issacson, Leah 1997
 Ishino, Genine 2000-01
 Ito, Laura 1987-88
 Iyemura, Karin 1986-87, 89

-J-

James, Pamela 1979-80
Johnson, Shana 2009-present
 Johnson, Kristen 1980
 Johnson, Monique 2001-02
 Jones, Heather 1986-88
 Jong, Pam 1988-91

-K-

Kaibara, Kristine 1999-01
 Kang, Jennie 1997-99
 Kassutto, Sigall 1989-92
 Kaufmann, Kristy 1989, 91-92
 Kaye, Moly 1982
Kelley, Jessica 2006-present
 Kelsall, Karen 1981-84
 Kenny, Helen 1998-99
 Khoury, Leila 1997-00
 Kim, Stephanie 2001-04
 Kimelman, Judy 1980
 Kolander, Amy 1983

Kreifels, Carrie 2000-01
 Kvochak, Karen 1988
 Kwok, Candice 1994-97

-L-

Lau, Wendy 1997
 Lee, Cindy 1980
 Lee, Denise 1977
Leggitt, Alexandra 2009-present
 Lessler, Janine 1985
 Lew, Marina 1974-75
 Loomis, Jennifer 1974
 Loughley, Kala 1983-86
 Luce, Siobhan 2005-08

-M-

Maeda, Miho 2002-2005
 Mapa, Angela 1996-99
 Marriot, Barbara 1976-77
 Mirreghabie, Nassim 2008
 McBride, Kati 1989-92
 McDonald, Elizabeth 1975-76
 McKnight, Janet 2000-03
 McLeod, Cheryl 1978-81
 McLeod, Nicole 1989-92
 Monzon, Marcia 1980
 Mori, Judy 1982-84

-N-

Nakamura, Keiko 2005-08
 Neishi, Kristen 2000-01
 Nishimoto, Christine 1995-98
 Notham, Janet 1975
 Ng, Joyce 1975-79

-O-

Obermeyer, Sandra 1976
 Olver, Pari 1998-01
 Ornellas, Mindy 1994-97
 Orsino, Samantha 1990-93

-P-

Packard, Patricia 1976-78
 Palmieri, Tina 1983-84
 Patton, Wendy 1984
 Patch, Kim 1977
 Pierce, Heather 1988, 90
 Pittullo, Britani 2003-06
 Power, Erin 1993-96
 Pressentin, Kristen 1987



Cindy Tom

-R-

Rackham, Joanne 1974-76
 Rasmussen, Ann 1974-75
 Rawlins, Rachel 1983-84
Redon, Leah 2009-present
 Roberts, Shannon 1988-89
 Rocchi, Vanna 2006-07
 Rodgers, Polly 1983-86
 Rusconi, Sharon 1976

-S-

Schmidt, Melinda 1978
 Schneider, Carrie 1995-96
 Schneider, Heather 1993-96
 Schultz, Cynthia 1974
 Seibolt, Susan 1974-75
Senteno, Reiko 2008-present
 Shew, Doreen 1984-85
 Shigeoka, Cassie 1992-95
 Shipp, Lauren 2002-05
 Sibley, Barbara 1974-77
 Sims, Amy 1993-94
 Sincharoen, Sirinda 1993-96
 Skiles, Sandra 1979-80
 Smith, Karen 1977
 Smith, Lisa 1985
 Smyth, Kristen 1989-92
 Snodgrass, Marcia 1974-76
 Stacey, Jenny 1982-83
 Stinar, Melissa 2006
 Stitser, Christie 1988
 Stone, Katreece 2000-02
 Straus, Robin 1974
 Suggs, Dori 1980-81
 Suksanong, Dawn 1999
 Szutu, Alli 2005-08

-T-

Tam, Tiffany 2006-08
 Takamoto, Debbie 1988
 Tatsono, Gwen 1974
 Tom, Cindy 1990-94

-V-

Valencia, Lisa 1975-76
 Van Heuit, Linda 1974
Varon, Erica 2009-present
 Volding, Krista 1986

-W-

Wampler, Ruth 1976-77
 Wang, Jennifer 1994-97
 Washington, Lisa 1993-96
 Watkins, Abby 1988
 Webster, Kelly 1996-97
 Weinberg, Laura 1978-79, 81
 Wells, Nicki 2005-08
 Wertz, Ingrid 1989-92
 White, Vicki 1986-87
 Williams, Lydia 2006-08
 Wong, Elyse 2004-07
 Wong, Rena 1977, 80-81
 Wong, Sharyl 1955
 Wood, Ellis 1984-87
 Worner, Laura 1981-84

-Y-

Yamaguchi, Carrie 1979-80
 Yeh, Jarmin 2000-01
 Young, Nicole 1988

-Z-

Zarodo, Danuta 1976
 Zdvorak, Kendall 2006-08

BEARS IN THE COMMUNITY

In addition to its success in the gym, the California women's gymnastics team also takes time to get involved and volunteer in the community.

"I believe in always giving back. We are always asking for support, donations, etc. I never want these ladies to take anything for granted. It feels great to give back, help others, and it's very rewarding."

– Head coach Cari DuBois



FACE PAINTING:

Before every football game, the Bears commit their time and paint kids' faces three hours prior to kickoff.

"It is a great way to give back and connect with the community. The ladies love it. They really do a great job and have a blast doing it."

– Cari DuBois



MAKING STRIDES AGAINST BREAST CANCER:

In addition to hosting its annual Pink Meet, Cal has fundraised pledges and donations for the Susan G. Komen Foundation to help with breast cancer research.

"Many of us know or have known someone battling breast cancer and we want to bring more attention to the cause and help in finding a cure."

– Cari DuBois



COLLEGE SPORTS DAY:

The Bears took part in the annual day by interacting with young children and educating them about collegiate athletics.



EARTH DAY:

Along with other student-athletes, the team planted trees around campus in the spring.



ACADEMIC ACHIEVEMENT



Athletic Study Center Staff

One of the real success stories for the University of California is the development and growth of a comprehensive academic support program for its student-athletes - the Athletic Study Center.

In 1984, campus officials and Athletic Department administrators decided that a greater emphasis needed to be placed on helping Cal student-athletes with their academic pursuits. The Athletic Study Center was thus born and charged with developing an academic support program geared to the needs of NCAA Division I student-athletes. It was a significant development for an academically oriented institution such as Cal to recognize the special needs required for a modern student-athlete's success both as an athletic competitor on the field of play and in the classroom.

PROGRAM FOR STUDENT-ATHLETES

The Athletic Study Center, which is housed within the Division of Undergraduate Education, is the tutorial and academic support program for the nearly 1,000 student-athletes at Cal. Centrally located in the Cesar Chavez Student Center, the program provides a spacious and comfortable arboretum for quiet study, separate classrooms for individual and group tutorials, and a computer lab for word processing and required course work.

Geared around the understanding of the amount of time student-athletes must devote to practice, training, physical therapy and team travel, the program creates an environment where students can cultivate good study habits, receive individual or group tutoring and obtain counseling from academic advisors.

TUTORIAL PROGRAM

The Tutorial Program promotes and enhances students' academic skills and progress by providing individual tutoring, group workshops, study groups, credit courses and intensive special programs. The Athletic Study Center has between 50-60 tutors on staff per semester to guarantee that students receive the best possible support. Tutorial sessions are also offered at night enabling student-athletes to receive help after practices when they have more time to devote to studying.

ADVISING PROGRAM

The Advising Program offers a broad range of services to meet the unique needs of student-athletes, including assistance in understanding and complying with University, college and NCAA requirements, developing time management skills and resolving personal issues unique to student-athletes.

During the freshman year, advisors typically try to help student-athletes make a successful academic transition from high school, while during the sophomore year, they assist student-athletes in making decisions on appropriate majors and fields of study. For the final two years, advisors take more of an exiting approach, ensuring that proper academic progress is being made towards graduation while referring juniors and seniors to areas on campus that can help with career planning.

SPECIAL PROGRAMS

In addition, the Athletic Study Center offers a Summer Bridge adjunct program designed to help ease the transition from high school to college. The primary components for the program include writing and math workshops, an advising workshop, study skills seminars and an evening tutorial program.

Another special program offered is Peer Advising. Peer advisors provide academic and campus life guidance for new intercollegiate student-athletes. They are selected from junior and senior student-athletes who assist in developing programs to further address the needs of student-athletes.

SIMPLY THE BEST

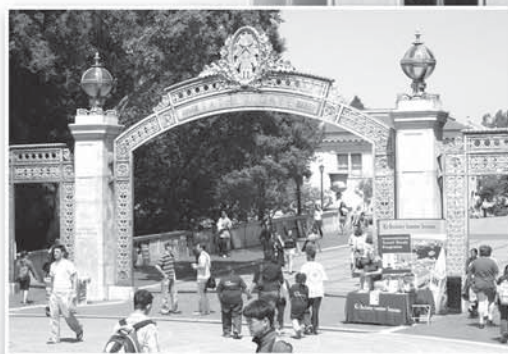
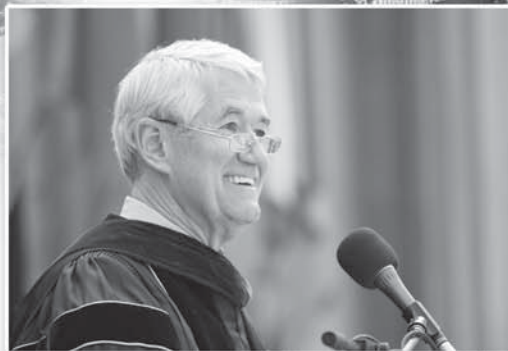
There is no other way to aptly describe America's top public university. There is no other way to describe one of the elite academic settings in the world – especially one that also includes one of America's most successful athletic departments.

The University of California blends the best of all worlds. Overlooking the scenic San Francisco Bay and ranked as the nation's top public university by the *U.S. News and World Report*, the flagship campus of the state of California also features an athletic program that annually finishes among the leaders in the Directors' Cup standings, which rates the overall success of America's athletic departments.

Cal attracts what many believe to be the finest applicant pool in the United States. The university features a diverse student-body population. The University of California offers 300 degree programs, and 35 of the school's 36 graduate programs are ranked among America's top 10. Cal's 35 programs among the top 10 is No. 1 among all universities in the country, as is its 32 "distinguished" programs, as rated by the National Research Council.

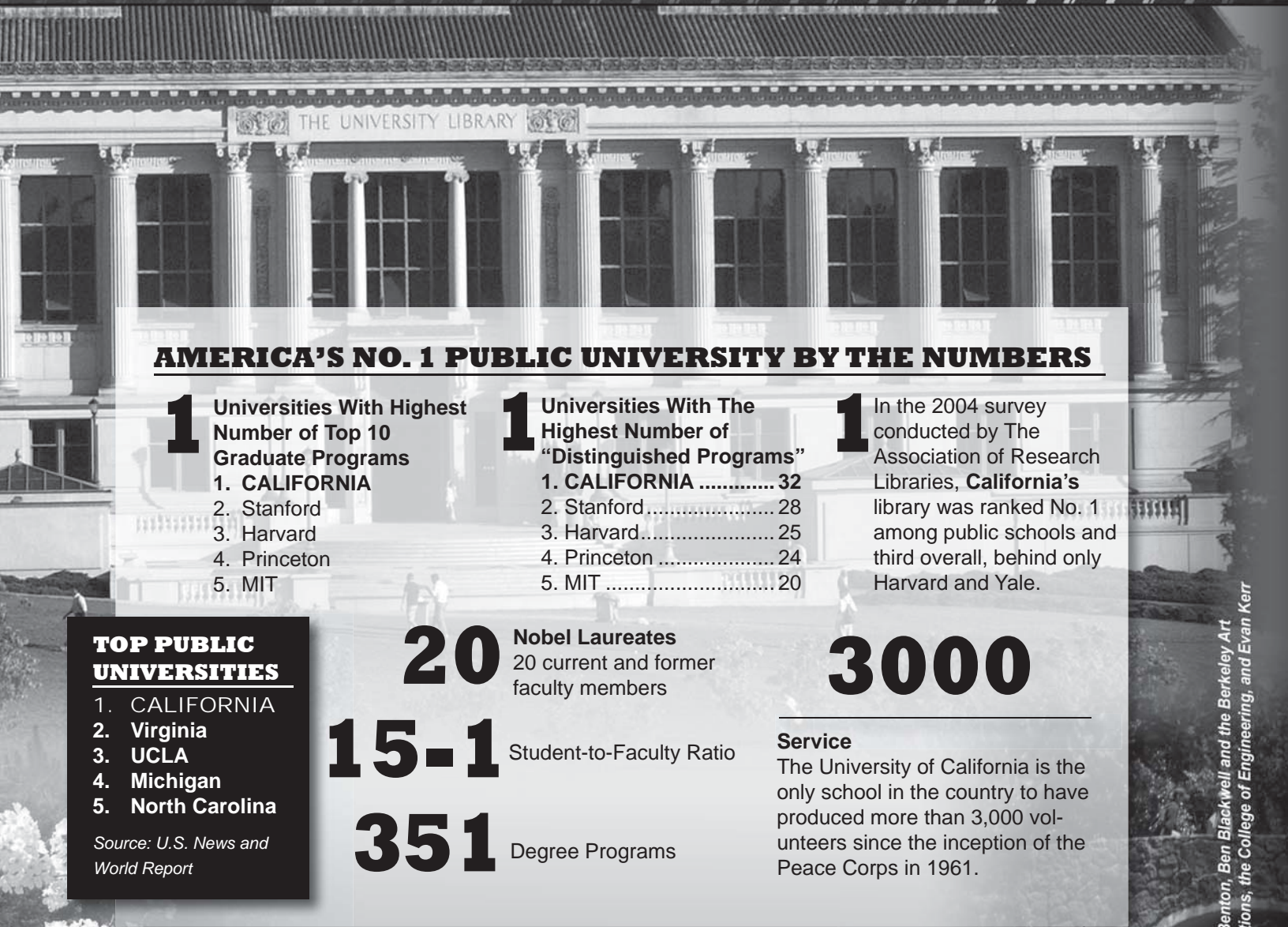
The library is ranked third in the country, as judged by the Association of Research Libraries with 10 million volumes in 32 campus libraries.

The faculty features seven Nobel Laureates, 130 members of the National Academy of Sciences, 28 MacArthur Fellows, 76 Fulbright Scholars, four Pulitzer Prize winners and more Guggenheim Fellows (357) than any other university in America.



Nobel Laureate George Smoot





AMERICA'S NO. 1 PUBLIC UNIVERSITY BY THE NUMBERS

1 Universities With Highest Number of Top 10 Graduate Programs

1. CALIFORNIA
2. Stanford
3. Harvard
4. Princeton
5. MIT

1 Universities With The Highest Number of "Distinguished Programs"

1. CALIFORNIA	32
2. Stanford	28
3. Harvard	25
4. Princeton	24
5. MIT	20

1 In the 2004 survey conducted by The Association of Research Libraries, California's library was ranked No. 1 among public schools and third overall, behind only Harvard and Yale.

TOP PUBLIC UNIVERSITIES

1. CALIFORNIA
2. Virginia
3. UCLA
4. Michigan
5. North Carolina

Source: U.S. News and World Report

20 Nobel Laureates
20 current and former faculty members

15-1 Student-to-Faculty Ratio

351 Degree Programs

3000

Service
The University of California is the only school in the country to have produced more than 3,000 volunteers since the inception of the Peace Corps in 1961.



Photo Credit: Images courtesy of Charles Benton, Ben Blackwell and the Berkeley Art Museum, Jeffery Kahn and University Relations, the College of Engineering, and Evan Kerr

BERKELEY AND THE BAY AREA



CALIFORNIA GOLDEN BEARS

The San Francisco Bay Area is a major metropolitan area of approximately six million people and one of the most scenic regions in the United States. The Bay Area includes the major cities of San Francisco and Oakland, as well as Berkeley, home of the world-renowned University of California. Just south is the city of San Jose and the Silicon Valley, home to many of the world's high-tech companies. The Bay Area also lies within easy driving distance of the high Sierra resorts of Lake Tahoe and Yosemite, the Monterey/Carmel peninsula, the world-famous Napa wine country, and the spectacular Mendocino Coast.

Everyone knows "The City" - San Francisco - from countless photographs, movies and television shows that capture its magic. It is a city built on a series of more than 40 hills, offering panoramic views of every kind. The hub of a nine-county complex and the financial and insurance capital of the world, San Francisco has a resident population of about 740,000. San Francisco is situated on a 46.6 square-mile peninsula bounded on the west by the Pacific Ocean, on the north by the Golden Gate strait, and from north to east by the San Francisco Bay. The City has been named

the world's top city twice and the top city in the U.S. in 17 of the last 18 years by *Condé Nast Traveler*.

The San Francisco Bay is spanned by two landmarks, the Golden Gate and San Francisco-Oakland Bay bridges, and graced by four islands: Alcatraz, Angel, Yerba Buena and Treasure. The area is easily navigated by car, BART (Bay Area Rapid Transit), bus or ferry, making it easily accessible to all.

BERKELEY



Telegraph 2300 Ave.



TOP CITIES IN THE WORLD

1. Sydney, Australia
2. **San Francisco, CA**
3. Florence, Italy
4. Cape Town, S. Africa
5. Rome, Italy
6. Bangkok, Thailand
7. New York City, NY
8. Buenos Aires, Argentina
9. Damascus, Syria

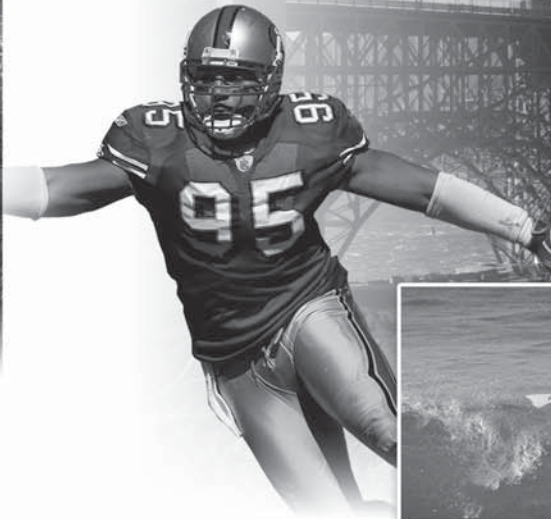
Source: *Condé Nast Traveler, 2007 Readers' Choice Awards*



OAKLAND



SAN FRANCISCO



Located across the Bay Bridge from San Francisco, Oakland is a city of 400,000, jam-packed with exciting attractions, stimulating arts, and an ideal climate. Oakland's charm exceeds its man-made wonders, as its tumbling hills, vast forests, hiking and riding trails, beautiful lakes and numerous parks provide a natural escape for those who prefer nature over an urban environment.

Berkeley, just a 12-mile drive from San Francisco, is situated on 18.8 square miles with a population of 103,000 people. A study in contrasts, Berkeley is a small town with a big-city character. With its world-renowned university, global population and rich diversity of cultural arts, Berkeley reflects and affects the rest of the country.

Sports fans can see it all in the Bay Area - professional football (San Francisco 49ers, Oakland Raiders), professional basketball (Golden State Warriors), professional baseball (San Francisco Giants, Oakland Athletics), professional hockey (San Jose Sharks), and outstanding collegiate competition.

Sources: S.F. Convention and Visitors Bureaus, Oakland Convention & Visitors Authority, Berkeley Convention and Visitors Bureau, and the California Trade and Commerce Agency.

WE'RE NO. 1!

- *Money* magazine (2007) chose San Francisco as "the best place to live" among the 300 biggest U.S. metropolitan areas.
- A special report posted on Forbes.com (May 2008) ranked San Francisco as America's "best city for the outdoors."
- San Francisco bested Seattle as the fittest of America's most populous cities according to a report by the American College of Sports Medicine (May 2008).
- Readers of *Travel & Leisure* magazine (2006) selected San Francisco as their favorite city in the world thanks to its "red-hot restaurant scene and booming economy."
- San Francisco is rated the No. 1 city in the U.S. by *Condé Nast Traveler* (October 2007)

YOSEMITE NATIONAL PARK



Winning...



Nathan Adrian
Men's Swimming & Diving
2008 Olympic Gold Medalist



Natalie Coughlin
Women's Swimming & Diving
11-Time Olympic Medalist

RECENT TEAM NATIONAL CHAMPIONS



2002 SOFTBALL



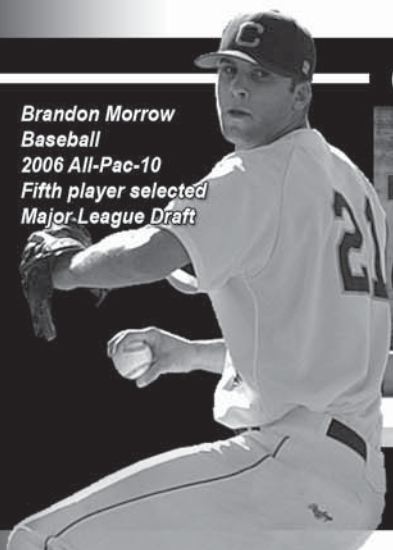
2004 MEN'S GOLF



2006 WOMEN'S CREW

CURRENT CONFERENCE CHAMPIONS

Brandon Morrow
Baseball
2006 All-Pac-10
Fifth player selected
Major League Draft

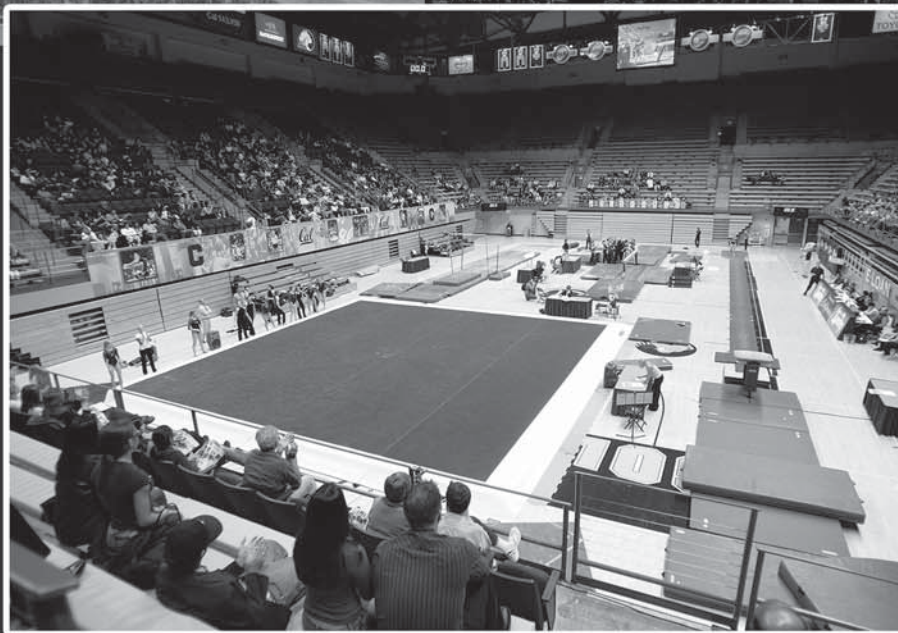


2007 MEN'S SOCCER
Pac-10 Champions



2008 WOMEN'S CREW
Pac-10 Champions

HAAS PAVILION



Left: After each home meet, Cal gymnasts sign autographs and meet with fans at Haas Pavilion. Right: Britani Pittullo (2003-06) holds numerous California top all-time marks.



The home of California women's gymnastics is Walter A. Haas Jr. Pavilion - an 11,877-seat, state-of-the-art arena that stands on the same site as beloved Harmon Gymnasium. Renovated from the original structure that was erected in 1933, Haas Pavilion also serves as the home floor of the Golden Bear men's and women's basketball, volleyball and men's gymnastics teams.

The \$57.5 million facility opened in the fall of 1999 and seats twice the capacity of its predecessor. The structure is 37 feet taller and 28 feet wider than Harmon, but continues to keep fans near the floor and close to the action.

Haas Pavilion is very much an assertion of Cal's commitment to athletics - from the administration and faculty, down through the alumni who made the entire project possible.

The arena became a reality when Walter A Haas Jr. '37, and his wife, Evelyn, generously donated \$11 million to get the project underway. Cal alumni supported the renovation in an unprecedented manner, as \$41 million of the final price came from private gifts. The other \$16.5 million came from a combination of revenues from the Athletic Department, a campus seismic safety fund and miscellaneous income funds.

GOLDEN BEAR RECREATION CENTER

Situated in the hills above the California campus and overlooking the Bay Area, is the Golden Bear Recreation Center, the training facility of the Cal women's and men's gymnastics teams. The building houses ample amenities, resources and equipment to accommodate the progress of Golden Bear gymnasts. The GBRC is also the home to Golden Bear Gymnastics, a recreational and instructional training program for aspiring gymnasts.